Buttercup



编舞者: Doug Miranda (USA) & Jackie Snyder (USA) 音乐: Build Me Up Buttercup - The Foundations



CROSS RIGHT OVER LEFT, STEP SIDE, 2 SAILOR STEPS, ½ TURN LEFT

1-2	Cross right over left,	step left to left side

Step right behind left, step left to left side, step right to right side Step left behind right, step right to right side, step left to left side

7-8 Step forward on right, pivot and turn ½ turn left

9-16 Repeat counts 1-8

MONTEREY TURNS TO RIGHT

1-2 Point right toe to right side, pivot on ball of left foot and turn ½ turn right, bringing weight to

left foot

3-4 Point left toe to left side, step left next to right

5-8 Repeat steps 1-4

ROCK FORWARD, BACK, BACK RIGHT COASTER STEP, ROCK FORWARD, BACK, FULL TURN LEFT IN PLACE

1-2 Rock forward on right, back on left

3&4 Step back on right, step left next to right, step forward on right

5-6 Rock forward on left, back on right

7&8 Do a triple step in place (left, right, left) while turning a full turn to the left

STEP TOGETHER STEPS RIGHT ANGLE AND LEFT ANGLE

1-4 Facing at an angle to right, step right forward, step left next to right, step forward on right,

touch left next to right

5-8 Facing at an angle to left, step left forward, step right next to left, step forward on left, touch

right next to left

ROCK FORWARD, BACK, RIGHT SHUFFLE BACK, ½ TURN LEFT WHILE SHUFFLING FORWARD, ½ TURN LEFT

1-2 Rock forward right, back on left

3&4 Step right foot back, bring left next to right, step back on right

5&6 Turn ½ turn to left while stepping left foot forward, step right next to left, step forward on left

7-8 Step forward on right, pivot and turn ½ turn left

SHUFFLE FORWARD AT ANGLES RIGHT THEN LEFT, TOE STRUTS

1&2 Facing slightly to right at an angle, step right forward, step left next to right, step forward on

right

3&4 Facing slightly to left at an angle, step forward on left, step right next to left, step forward on

left

5-8 Touch right toe forward, step down on right heel, touch left foot forward, step down on left

heel

CURL RIGHT TOE BEHIND LEFT, SLOW ½ TURN TO RIGHT, SWIVELS RIGHT AND LEFT

1-4 Curl right toe behind left foot, slowly turn ½ turn right for counts 2-4 while bending knees

slightly

5-6 Swivel heels left (toes right) as you turn your body to right, swivel heels right (toes left) as you

turn your body to left

7-8 Repeat steps 5-6 above (knees are slightly bent while doing the swivels for styling)

REPEAT

TAG

At the end of the second and fourth walls

CURL RIGHT TOE BEHIND LEFT, SLOW ½ TURN TO RIGHT, SWIVELS RIGHT AND LEFT

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5-6 Swivel heels left (toes right) as you turn your body to right, swivel heels right (toes left) as you

turn your body to left

7-8 Repeat steps 5-6 above (knees are slightly bent while doing the swivels for styling)

To help remember when to do the tags, try this pattern of dance: add the tag after every other wall - dance the 1st wall, add the tag after the end of the 2nd wall, dance the 3rd wall, add the tag after the end of the 4th wall