

Busted

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver west coast swing
编舞者: Glenda Ortiz Harney (USA)
音乐: My Give a Damn's Busted - Joe Diffie



RIGHT HEEL BALL CROSS TWICE, HIPS RIGHT, LEFT, SHUFFLE RIGHT

1&2 Touch right heel forward, step on right, cross left over right
3&4 Touch right heel forward, step on right, cross left over right
5 Step right to right side pushing hips to right
6 Step on left pushing hips to left
7&8 Step right to right side, step left beside right, step right to right side

LEFT HEEL BALL CROSS TWICE, HIPS LEFT, RIGHT, SHUFFLE LEFT

1&2 Touch left heel forward, step on left, cross right over left
3&4 Touch left heel forward, step on left, cross right over left
5 Step left to left side pushing hips to left
6 Step on right pushing hips to right
7&8 Step left to left side, step right beside left, step left to left side

BACK ROCK, RECOVER, TRIPLE RIGHT, STEP, PIVOT, TRIPLE LEFT

1-2 Rock right back behind left, recover forward onto left
3&4 Triple forward right (right, left, right)
5-6 Step forward left, pivot ½ turn to right (weight on right)
7&8 Triple forward left (left, right, left)

RIGHT FORWARD ROCK, RECOVER, BACK COASTER

1-2 Rock forward right, recover onto left
3&4 Step back right, step left beside right, step forward right

LEFT FORWARD ROCK, RECOVER, BACK COASTER

5-6 Rock forward left, recover onto right
7&8 Step back left, step right beside left, step forward left

REPEAT
