

Busted

拍数: 32 墙数: 2 级数: Improver
编舞者: Michael Beck (USA)
音乐: My Give a Damn's Busted - Jo Dee Messina



CROSS, STEP BACK, & CROSS HOLD

1-2 Cross right over left, step back on left
&3 Step back on right, cross left over right
4 Hold

STEP AND DRAG, POINT, KNEE ACROSS, POINT

5-6 Step right on right (large step), drag left next to right
7&8 Touch left toe to left side, bring left knee over top of right thigh, touch left toe to left side

CROSS ON TOES, HEELS DOWN SNAP FINGERS, STEP RIGHT TOES, HEELS DOWN SNAP FINGERS, CROSS ON TOES, HEELS DOWN SNAP FINGERS, KICK, ¼ TURN RIGHT

When snapping fingers, raise both arms to shoulder height, hands will be slightly over your head

1-2 Cross left over right toes touching, left heels down while snapping fingers
3-4 Step right on right toes touching, right heels down while snapping fingers
5-6 Cross left over right toes touching, left heels down while snapping fingers
7-8 Kick right foot forward, (keep foot in air), make ¼ turn right on balls of left foot (taking weight on right foot)

TAP, TAP, CROSS ON TOES, HEELS DOWN, TAP, TAP, CROSS ON TOES, HEELS DOWN

1-2 Point and tap (twice) left toe to left side
3-4 Cross left over right toes touching, left heels down
5-6 Point and tap (twice) right toe to right side
7-8 Cross right over left toes touching, right heels down

TOUCH SIDE, HOLD, CROSS STEP (WITH TOUCH), HOLD, CROSS STEP, HOLD, KICK BALL CHANGE WITH ¼ TURN

1-2 Touch left to left side, hold
&3 Step back on left (taking weight), cross right over left (just touch right toes down)
4 With weight on left) hold
&5 Reverse cross) step right to right side, cross left over right (taking weight on left)
6 With weight on left) hold
7&8 Kick right forward, step ¼ right on right, change weight to left

REPEAT