

# Bury My Heart

拍数: 64      墙数: 0      级数:  
编舞者: Mary Elson (CAN)  
音乐: Bury My Heart - Jason McCoy



## RIGHT LEG SWINGS (HEEL, HOOK, HEEL, OUT, HEEL, HOOK, HEEL, TOGETHER)

1-2      Tap right heel forward on angle, hook in front of left knee  
3-4      Tap right heel forward on angle, swing right foot up and out to side  
5-6      Tap right heel forward on angle, hook in front of left knee  
7-8      Tap right heel forward on angle, step together

## LEFT LEG SWINGS (HEEL, HOOK, HEEL, OUT, HEEL, HOOK, HEEL, TOGETHER)

9-10      Tap left heel forward on angle, hook in front of right knee  
11-12      Tap left heel forward on angle, swing left foot up and out to side  
13-14      Tap left heel forward on angle, hook  
15-16      Tap left heel forward on angle, step together

## HEEL, TOE TWISTS RIGHT, THEN LEFT WITH CLAPS

17-20      Moving to right twist heels, toes, heels, clap  
21-24      Moving left twist heels, toes, heels, clap

## TWO CHARLESTON STEPS

25-28      Step forward on right, kick left, step back on left, touch right toe back  
29-32      Repeat

## TWO PADDLE TURNS ¼ EACH TO LEFT

33-34      Step forward on right, pivot ¼ to left  
35-36      Step forward on right, pivot ¼ to left  
37-38      Step right, left  
39-40      Raise toes up, down (raise both hands up too)

## STEP TOUCHES FORWARD, BACK WITH CLAPS

41-42      Step forward on right, touch left and clap  
43-44      Step forward on left, touch right and clap  
45-46      Step back on right, touch left and clap  
47-48      Step back on left, touch right and clap

## WEAVING VINES TO RIGHT, THEN LEFT WITH ¼ TURN LEFT

49-52      Step right, cross left behind, step right, cross left  
53-56      In front, step right, cross left behind, step right, touch left  
57-58      Step left, cross right behind, step left  
59-60      Cross right in front, step left, step right behind  
61-64      Step left with ¼ turn left, touch right

## REPEAT