

# Burp

拍数: 40      墙数: 4      级数: Improver  
编舞者: Louis Francoeur  
音乐: Life Is a Rollercoaster - Ronan Keating



## STEP, TRIPLE, BACK, TRIPLE ½ TURN LEFT, TOUCH AND TOUCH

1                    Step right foot forward  
2&3                Step left foot forward, step right foot beside left, step left foot in place  
4                    Step right foot back  
5&6                Triple step ½ turn left stepping left-right-left  
7&8                Right toe touch right, step right beside left, left toe touch left

## TOUCH, ½ LEFT, RIGHT SHUFFLE, TOUCH ACROSS, HOLD, ½ TURN RIGHT, ¼ TURN LEFT

1-2                Left toe touch behind, ½ turn left weight on left  
3&4                Step right to right, step left next to right, step right to right  
5-6                Left toe touch across right foot, hold  
7-8                Turn ½ right on ball of both feet, turn ¼ turn left on ball of both feet

## STEP, HOLD, STEP, STEP, HOLD, KICK AND TOUCH, ½ TURN RIGHT

1-2                Step right foot forward, hold  
3-4                Step left foot forward, step right foot forward  
5                    Hold  
6&7                Kick left foot forward, step left foot beside right, right toe behind  
8                    ½ turn right weight on right

## STEP ½ RIGHT, STEP ¼ RIGHT, STEP, STEP, ROCK, RECOVER, 2 BUMPS

1-2                Step left turning ½ turn right, step right turning ¼ right  
3-4                Step left foot forward, step right foot forward  
5-6                Left rock step to left, recover weight onto right  
7-8                Step left beside right while bumping left hip left, bump right hip right

## JUMP BACK, CLAP, ¼ TURN LEFT JUMP BACK, CLAP, STEP, TRIPLE FULL TURN LEFT, STEP

&1-2                Step left behind, step right beside left, clap  
&3-4                ¼ turn left step left behind, step right beside left, clap  
5                    Step left foot forward  
6&7                Triple step full turn left stepping right-left-right  
8                    Step left foot forward

## REPEAT

On last 4 times, place both hands on your belly and bend your back (like if you have a stomach ache after a roller coaster trip)