

# Burn Out

拍数: 48      墙数: 4      级数: Intermediate  
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音乐: Baila - Jennifer Lopez



## KICK BALL BACK, KICK BALL BACK, ROLLING VINE RIGHT

1&2      Kick right forward, step back on ball of foot, step back on left  
3&4      Repeat counts 1&2  
5-8      Full turn to right over right shoulder stepping on right, left, right, touch left next to right

## KICK BALL BACK, KICK BALL BACK, ROLLING VINE LEFT

1&2      Kick left forward, step back on ball of foot, step back on right  
3&4      Repeat counts 1&2  
5-8      Full turn to left over left shoulder stepping on left right, left, touch right next to left

## RIGHT & LEFT SHUFFLE FORWARD, ROCK RECOVER, FULL TURN OVER RIGHT SHOULDER

1&2      Step forward on right, close left to right, step forward on right  
3&4      Step forward on right, close right to left, step forward on left  
5-6      Rock forward on right, rock back on left  
7-8      Step back on right making ½ turn over right shoulder, step forward on left making ½ turn continuing to turn right

## RIGHT & LEFT SHUFFLE BACK ROCK RECOVER, FULL TURN OVER LEFT SHOULDER

1&2      Step forward on left, close right to left, step forward on left  
3&4      Step forward on left, close left to right, step forward on right  
5-6      Rock forward on left, rock back on right  
7-8      Step back on left making ½ turn over left shoulder, step forward on right making ½ turn continuing to turn left

## FORWARD KICK, WALK BACK BALL CHANGE WALK

1-4      Walk forward on right, left, right, kick left foot 45 degrees forward  
5-7      Step back on left, right, left  
&8      Step back on right foot and step forward on left foot

## BOX STEP WITH ¼ TURN RIGHT, KNEE POPS

1-4      Cross right over left, step left foot straight back, step right foot ¼ to right, step left foot slightly to side of right  
5      Bend right knee in towards left, keeping left leg straight  
6      Straighten right leg & bend left knee in towards right  
7      Straighten left leg & bend right knee in towards left  
&      Straighten right leg & bend left knee in towards right  
8      Straight left leg & bend right knee in towards left

## REPEAT