Bumper Stickers (P)

拍数: 48

级数: Partner

编舞者: Lonnie Brinson (USA)

音乐: I Brake for Brunettes - Rhett Akins

Position: Right Open Promenade (side-by-side, holding inside hands, lady on man's right)

MAN'S STEPS

FORWARD SHUFFLES, WALK FORWARD, SCUFF

- 1&2 Shuffle forward (right-left-right)
- 3&4 Shuffle forward (left-right-left)
- 5 Walk forward on right foot
- 6 Walk forward on left foot
- 7 Walk forward on right foot
- 8 Scuff left foot forward

FORWARD SHUFFLES, WALK FORWARD, SCUFF

- Shuffle forward (left-right-left) 9&10
- 11&12 Shuffle forward (right-left-right)
- Walk forward on left foot 13
- Walk forward on right foot 14
- 15 Walk forward on left foot
- 16 Scuff right foot forward

ROCK STEPS, TURN, TOUCH, SYNCOPATED JUMPS WITH CLAPS

- 17 Step forward on right foot
- 18 Rock back on left foot in place
- Step back on right foot making a ¼ to the right with the step 19
- Man and lady are now facing each other in the open, double hand hold position
- Touch left foot next to right 20

Release hands

- & Jump back on left foot
- 21 Step right foot next to left
- 22 Hold and clap hands
- & Jump forward on right
- 23 Step left foot next to right
- 24 Raise hands and "high five" clap with partner using both hands

VINES, TOUCHES, SCUFFS

Man takes and raises lady's right hand in his left

- 25 Step to the left on left foot
- 26 Cross right foot behind left and step
- 27 Step to the left on left foot
- 28 Touch right foot next to left
- 29 Step to the right on right foot
- 30 Cross left foot behind right and step
- 31 Step to the right on right foot
- Scuff left foot forward 32

TURNING JAZZ SQUARE

- 33 Cross left foot over right and step
- 34 Rock back onto right foot in place





墙数: 0

Release his left and her right hands and pick up inside hands (man's right and lady's left)

- 35 Step to the left on left foot making ¹/₄ turn to the left with the step to face LOD
- 36 Scuff right foot forward

HIP BUMPS

- 37-38 Bump right hip with lady twice
- 39-40 Bump left hip away from lady twice
- Use a rolling motion on the single hip bumps
- 41 Bump right hip with lady
- 42 Bump left hip away
- 43 Bump right hip with lady
- 44 Bump left hip away

STEP-SCUFFS

- 45 Step forward on right foot
- 46 Scuff left foot forward
- 47 Step forward on left foot
- 48 Scuff right foot forward

REPEAT

LADY'S STEPS

FORWARD SHUFFLES, WALK FORWARD SCUFF

- 1&2 Shuffle forward (left-right-left)
- 3&4 Shuffle forward (right-left-right)
- 5 Walk forward on left foot
- 6 Walk forward on right foot
- 7 Walk forward on left foot
- 8 Scuff right foot forward

FORWARD, STEP, STEP, CIRCLE, STEP, STEP

- 9&10 Shuffle forward (right-left-right)
- 11&12 Shuffle forward (left-right-left)
- 13 Walk forward on right foot
- 14 Walk forward on left foot
- 15 Walk forward on right foot
- 16 Scuff left foot forward

ROCK STEPS, TURN, TOUCH, SYNCOPATED JUMPS WITH CLAPS

- 17 Step forward on left foot
- 18 Rock back on right foot in place
- 19 Step left on left foot making ¼ turn to the left with the step
- Man and lady are now facing each other in the open, double hand hold position
- 20 Touch right foot next to left

Release hands

- & Jump back on right foot
- 21 Step left foot next to right
- 22 Hold and clap hands
- & Jump forward on left foot
- 23 Step right foot next to left
- 24 Raise hands and "high five" clap with partner using both hands

TURNS, TOUCHES, SCUFFS

25 Step to the right on right foot and begin a full turn to the right traveling to the right towards LOD

- 26 Step on left foot and continue traveling right full turn
- 27 Step on right foot and complete traveling right full turn
- 28 Touch left foot next to right
- 29 Step to the left on left foot and begin a traveling left full turn to the left toward RLOD
- 30 Step on right foot and continue traveling left full turn
- 31 Step on left foot and complete traveling left full turn
- 32 Scuff right foot forward

TURNING JAZZ SQUARE

- 33 Cross right foot over left and step
- 34 Rock back onto left foot in place
- 35 Step to the right on right foot making ¼ turn to the right with the step to face LOD
- 36 Scuff left foot forward

HIP BUMPS

- 37-38 Bump left hip with man twice
- 39-40 Bump right hip away from man twice

Use a rolling motion on the single hip bumps

- 41 Bump left hip with man
- 42 Bump right hip away
- 43 Bump left hip with man
- 44 Bump right hip away

STEP-SCUFFS

- 45 Step forward on left foot
- 46 Scuff right foot forward
- 47 Step forward on right foot
- 48 Scuff left foot forward

REPEAT