

Bump & Bounce

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jamie Marshall (USA)
音乐: That Thing You Do! - The Wonders



SIDE SLIDE, HEEL SWITCHES, VINE LEFT WITH ¼ TURN, SCUFF

1-2 Long slide step to right, step left next to right
3&4 RIGHT heel forward, replace right next to left, left heel forward
5-8 Step left to left, cross right behind left, step left turning ¼ left, scuff right

STEP, TOUCH, STEP BACK, JAZZ BOX TO LEFT

9-10 Step right diagonally forward right, touch left next to right
11-12 Step left diagonally back left, step right next to left
13-14 Cross left over right, step left back
15-16 Step left turning ¼ left, step right next to left

RIGHT TOE, HEEL, HEEL, TOE, LEFT TOE, HEEL, HEEL, TOE

17-18 Swivel right toe to right, swivel right heel to right
19-20 Swivel right heel to left (center), swivel right toe to left (center)
21-22 Swivel left toe to left, swivel left heel to left
23-24 Swivel left heel to right (center), swivel left toe to right (center)

BUMP, BOUNCE

25-26 Bump right, bump left
27-28 Bump right, bump left
Use bounce motion for last 4 counts
29-30 Push hips back, bump right
31-32 Push hips forward, bump left

Listen to the music and bounce double-time to make it fun!

REPEAT
