

Cartoon Heroes

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Mark Cosenza (USA) & Glen Pospieszny (USA)
音乐: Cartoon Heroes - Aqua



Additional styling tips provided by Eve "Wonder Woman" Yeaton

WALK FORWARD, TOUCH OUT & BACK, KICK OUT, SAILOR SHUFFLE

1-2 Walk forward right, left
3-4 Touch side right, touch right behind left and bend knees slightly
Hand movements: (3) raise right diagonal right; (4) point right down diagonal left
5-6 Step right forward, kick left foot
7&8 Cross step left behind right, step right to right side, step left to left

STEP AND CROSS, TOUCH AND CROSS, STEP AND CROSS, TOUCH AND SIDE SHUFFLE

&1 Step down on right, cross left in front of right
2-3 Touch right side right, cross right over left (move in exaggerated forward motion)
4 Step down on left
5 Cross right behind left (move in exaggerated backward motion)
6 Touch left side left
7&8 Cross left behind right, step side right, cross left in front of right

STEP FORWARD & PIVOT, KICK & KICK, KICK & LEAN BACK & FORWARD, KICK & PIVOT ¼ RIGHT

1-2 Step forward right, pivot ½ turn left shifting weight to left
3&4& Kick out right, step down on right, kick out left, step down on left
5& Kick forward right and lean back, slightly hitch right knee (as you center)
6& Lean forward and kick back right, slightly hitch right knee (as you center)
Hand movements: (5-6) position hands straight down in a fist (5), position hands flying forward in "Superman" mode (6)
7&8 Hitch right knee forward, pivot ¼ turn right and step down on right, step down on left

& POINT & HOLD, CROSS BEHIND & STEP, HEEL FORWARD & BACK, HEEL FORWARD & STEP

&1-2 Hitch right foot up & point right toe side right - slightly lean body to left, hold
Hand movements: (1-2) hold left straight up in fist with elbow bent at 45 degree angle - palm facing forward (fist should be even with forehead) and point right down diagonal right
3-4 Cross right foot behind left, step left next to right apart slightly
5-6 Bend back slightly and touch right heel forward, return to upward position and touch right next to left
Hand movements: (5) cross arms against chest, fists closed & palms diagonally facing inward to chest (6) relax hands down
7& Bend back slightly and touch right heel forward, return to upward position and step down on right
Hand movements: (7) cross arms against chest, fists closed & palms diagonally facing inward to chest (&) relax hands down
8 Step forward left

REPEAT

TAG

On 4th wall there is a 4 count tag following the Cartoon Heroes Chorus

1-2 Step forward right, pivot ½ turn left
3-4 Repeat

Begin dance again from count 1

