

Carry On

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: John Bishop (AUS), Karen Wilkinson (AUS) & Scott Trigg
音乐: Carry On - Donna Summer



SHUFFLE FORWARD, FULL TURN, ROCK, RECOVER, COASTER CROSS

1&2-3-4 Shuffle forward right-left-right, moving forward: step left-right turning a full turn to the right
5-6 Rock/step left forward, rock back onto right
7&8 Step left back, step right back, cross/step left over right

SIDE, ROCK, SHUFFLE ACROSS, TURN ¼, TURN ½, SHUFFLE FORWARD

1-2 Rock/step right to side, side rock onto left
3&4 Cross shuffle right-left-right to left
5-6 Step left back turning ¼ turn to the right, step right around turning ½ turn to the right
7-8 Rock/step left forward, rock back onto right
& Step left together

SYNCOPATED HEEL SWITCHES MOVING BACK, HOLD, SYNCOPATED SIDE TOUCHES, HOLD

1&2& Touch right heel forward, step right back, touch left heel forward, step left back
3-4 Touch right heel forward, hold
5&6& Touch right toe to side, step right together, touch left toe to side, step left together
7-8 Touch right toe to side, hold

MILITARY/PIVOT TURN LEFT, KICK-BALL-TOUCH, BACK, HOLD, &-STEP, SCUFF

1-2 Step right forward, pivot ½ to the left
3&4 Kick right forward, step ball of right together, touch ball of left in place
5-6 Step back on ball of left, hold
&7-8 Step right together, step left forward, scuff right forward

REPEAT
