

Caroline

拍数: 32 墙数: 0 级数:
编舞者: Debra Jacobs (AUS)
音乐: Caroline - Adam Harvey



HEEL 45, HOOK, TOE/HEEL SIDE; BEHIND, ROCK FORWARD, HEEL/TOE FORWARD

1-2 Touch right heel 45 degrees forward, hook right heel up to left knee
3-4 Step right toe to right side, drop right heel
5-6 Step left behind right, rock forward onto right
7-8 Step left heel forward, drop left toe

FORWARD LOCK RIGHT, TOUCH BEHIND; BACK, HEEL 45, BACK, BACK

1-2-3-4 Step right forward. Step left to lock behind right. Step right forward. Touch left toe behind right
5-6 Step left back, touch right heel 45 degrees forward
7-8 Step right back, step left back

HEEL FORWARD, SIDE, TRIPLE STEP ON SPOT; HEEL FORWARD, SIDE, TRIPLE STEP ON SPOT

1-2 Touch right heel forward, step right to right side
3&4 Triple step on the spot: step left across in front of right, step right toe in place, step left in place
5-6 Touch right heel forward, step right to right side
7&8 Triple step on the spot: step left across in front of right, step right toe in place step left in place

SIDE, ROCK SIDE, BEHIND, ¼ TURN LEFT FORWARD & PUSH HIP; SHUFFLE FORWARD, SHUFFLE FORWARD

1-2 Step right to right side, change weight onto left
3-4 Step right behind left, turning ¼ turn left step left forward while pushing left hip out
5&6 Shuffle forward: right-left-right
7&8 Shuffle forward: left-right-left

REPEAT
