

# Carolina Rock

**COPPER** KNOB  
STEPSHEETS

拍数: 64                      墙数: 4                      级数: Intermediate  
编舞者: Ellie Sahn & M. E. Canaday  
音乐: Good Brown Gravy - Joe Diffie



## RIGHT SIDE SHUFFLE, ROCK-STEP, ½ PIVOT TURN, ½ PIVOT TURN

1&2                      Step right foot to right side; step left together; step right foot to right  
3-4                      Rock-step left foot back; step right foot forward  
5-6                      Step left foot forward; pivot ½ turn right  
7-8                      Step left foot forward; pivot ½ turn right.

## LEFT SIDE SHUFFLE, ROCK-STEP, ½ PIVOT TURN, ½ PIVOT TURN

9&10                     Step left foot to left side; step right together; step left foot to left  
11-12                    Rock-step right foot back; step left foot forward  
13-14                    Step right foot forward; pivot ½ turn left  
15-16                    Step right foot forward; pivot ½ turn left.

## FORWARD TOE-HEEL STRUTS

17-18                    Step ball of right foot forward; lower right heel to floor shifting weight to right  
19-20                    Step ball of left foot forward; lower left heel to floor shifting weight to left  
21-22                    Step ball of right foot forward; lower right heel to floor shifting weight to right  
23-24                    Step ball of left foot forward; lower left heel to floor shifting weight to left.

## TWO RIGHT JAZZ BOXES

25-26                    Cross-step right foot over left; step left foot back  
27-28                    Step right foot to right & slightly forward; step left beside right  
29-30                    Cross-step right foot over left; step left foot back  
31-32                    Step right foot to right & slightly forward; step left beside right.

## HIP BUMPS AND HIP ROLLS

33-34                    Step right foot slightly forward toward 10:00 bumping hips forward right; bump hips forward right again  
35-36                    Bump hips backward twice  
37-38                    Roll hips to the left, right, & forward, then left & back  
39-40                    Again, roll hips to the left, right & forward, then left & back ending with weight on left.

## BACKWARD SHUFFLE, ROCK-STEP, DOUBLE SCOOT, STEP, TOUCH

41-42                    Step right foot back; step left together; step right foot back  
43-44                    Rock-step left foot back; step right foot forward  
45-46                    Scoot forward twice on right foot with left knee raised  
47-48                    Step left foot forward; touch right toe beside left foot.

## STEP, TOUCH, STEP, TOUCH, TWO SWIVEL TURNS

49-50                    Step right foot back; touch left toe beside right foot  
51-52                    Step left foot forward; touch right toe beside left foot  
53-54                    Pivoting 1/8 turn left on ball of left, touch right toe right; touch right toe beside left foot  
55-56                    Pivoting 1/8 turn left on ball of left, touch right toe right; touch right toe beside left foot.

## TWO RIGHT KICK-BALL-CHANGES, STOMP, STOMP, CLAP, HOLD

57&58                    Kick right foot forward; step on ball of right; step on left  
59&60                    Kick right foot forward; step on ball of right; step on left

61-62

Stomp right foot (up) beside left foot twice (weight remains on left)

63-64

Clap hands at chest level; hold 1 beat.

**REPEAT**

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