

Carolina Girls

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Joan Caviness (USA)
音乐: Carolina Girls - General Johnson & The Chairman Of The Board



With assistance from Sheila Purkey and Rob Baen

SUGAR PUSH, BALL CHANGE, DUCK WALK

1-2 Step forward right and left
3& Step in place right and left
4 Long drag backward with right
5-6 Hold
&7 Ball change (end with weight on right heel)
8 Drag toe of left through

DUCK WALKS AND SPIRAL

1-2 Duck walk left heel, dragging right toe through and transfer weight to left foot
3-4 Duck walk right heel, dragging left toe through and transfer weight to right foot
5-6 Step on left foot and hold
&7 Quickly step slightly forward on right, swing left leg behind right and tap (body may turn to left)
8 Spiral to left

DOO-DAH

1-2 Continue spiral to end with left foot crossed over right (figure 4, but leave toe on ground)
&3 Step back on left and cross with right (body may turn to right)
&4 Step back on right and cross with left (body may turn to left)
5&6 Triple step while turning to 6:00
7-8 ¼ pivot to end at 3:00

APPLES

1 Step right over left
2 Twist to right and touch toe in with left foot
3 Twist to left and low kick to left
4 Step left foot behind right
&5 Quick grapevine right
6 Twist to left and touch toe in with right foot
7&8 Kick ball change with boogie styling

REPEAT