

# Carolina Cha Cha

**COPPER** **NOB**  
BY STEPHENETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Linda Miller (USA)  
音乐: Dancin', Shaggin' On the Boulevard - Alabama



## ROCK LEFT, RIGHT, ½ TURN LEFT, SHUFFLE LEFT-RIGHT-LEFT, ROCK RIGHT, LEFT, ¼ TURN RIGHT, SHUFFLE RIGHT-LEFT-RIGHT

- 1            Rock forward on left foot
- 2            Rock back on right foot
- 3&4        Turn ½ turn left, shuffle forward left, right, left
- 5            Rock forward on right foot
- 6            Rock back on left foot
- 7&8        Turn ¼ turn right, shuffle forward right, left, right

## ROCK LEFT, RIGHT, ½ TURN LEFT, SHUFFLE LEFT-RIGHT-LEFT, ROCK RIGHT, LEFT, ¼ TURN RIGHT, SHUFFLE RIGHT-LEFT-RIGHT

- 9            Rock forward on left foot
- 10          Rock back on right foot
- 11&12     Turn ½ turn left, shuffle forward left, right, left
- 13          Rock forward on right foot
- 14          Rock back on left foot
- 15&16     Turn ¼ turn right, shuffle forward right, left, right

## ROCK LEFT, RIGHT, ½ TURN LEFT, SHUFFLE LEFT-RIGHT-LEFT, PIVOT ½ LEFT, SHUFFLE RIGHT-LEFT-RIGHT

- 17          Rock forward on left foot
- 18          Rock back on right foot
- 19&20     Turn ½ turn left, shuffle forward left, right, left
- 21          Step forward on right foot
- 22          Pivot ½ turn left
- 23&24     Shuffle forward right, left, right

## ROCK LEFT, RIGHT, ½ TURN LEFT, SHUFFLE LEFT-RIGHT-LEFT, PIVOT ½ LEFT, SHUFFLE RIGHT-LEFT-RIGHT

- 25          Rock forward on left foot
- 26          Rock back on right foot
- 27&28     Turn ½ turn left, shuffle forward left, right, left
- 29          Step forward on right foot
- 30          Pivot ½ turn left
- 31&32     Shuffle forward right, left, right

## STEP LEFT, STEP RIGHT BEHIND LEFT, STEP LEFT, STEP RIGHT

- 33          Step slightly left on left foot
- 34          Step right foot behind left foot
- 35          Step left foot beside right foot
- 36          Step right foot to right side

## FOUR SAILOR SHUFFLES

- 37          Step left foot behind right foot
- &          Step right foot in place
- 38          Step left foot to left side
- 39          Step right foot behind left foot

& Step left foot in place  
40 Step right foot to right side  
41 Step left foot behind right foot  
& Step right foot in place  
42 Step left foot to left side  
43 Step right foot behind left foot  
& Step left foot in place  
44 Step right foot to right side

**STEP LEFT BEHIND RIGHT, STEP RIGHT, STEP LEFT, STEP RIGHT BEHIND LEFT**

45 Step left foot behind right foot  
46 Step right foot beside left foot  
47 Step left foot to left side  
48 Step right foot behind left foot

**CROSS STEPS, SIDE SHUFFLE LEFT, RIGHT, LEFT, ½ TURN LEFT, STEP RIGHT, TOUCH LEFT**

& Step in place on left foot  
49 Step right foot across front to left side of left foot  
50 Hold  
& Step in place on left foot  
51 Step right foot across front to left side of left foot  
52 Hold  
53&54 Shuffle to left side left, right, left  
55 Turn ½ turn left, step in place on right foot  
56 Touch left toe beside right foot

**CROSS STEPS, SIDE SHUFFLE LEFT, RIGHT, LEFT, ½ TURN LEFT, STEP RIGHT, TOUCH LEFT**

& Step in place on left foot  
57 Step right foot across front to left side of left foot  
58 Hold  
& Step in place on left foot  
59 Step right foot across front to left side of left foot  
60 Hold  
61&62 Shuffle to left side left, right, left  
63 Turn ½ turn left, step in place on right foot  
64 Touch left toe beside right foot

**REPEAT**

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