

Carolina Cha Cha

COPPER **NOB**
BY STEPHENETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Linda Miller (USA)
音乐: Dancin', Shaggin' On the Boulevard - Alabama



ROCK LEFT, RIGHT, ½ TURN LEFT, SHUFFLE LEFT-RIGHT-LEFT, ROCK RIGHT, LEFT, ¼ TURN RIGHT, SHUFFLE RIGHT-LEFT-RIGHT

- 1 Rock forward on left foot
- 2 Rock back on right foot
- 3&4 Turn ½ turn left, shuffle forward left, right, left
- 5 Rock forward on right foot
- 6 Rock back on left foot
- 7&8 Turn ¼ turn right, shuffle forward right, left, right

ROCK LEFT, RIGHT, ½ TURN LEFT, SHUFFLE LEFT-RIGHT-LEFT, ROCK RIGHT, LEFT, ¼ TURN RIGHT, SHUFFLE RIGHT-LEFT-RIGHT

- 9 Rock forward on left foot
- 10 Rock back on right foot
- 11&12 Turn ½ turn left, shuffle forward left, right, left
- 13 Rock forward on right foot
- 14 Rock back on left foot
- 15&16 Turn ¼ turn right, shuffle forward right, left, right

ROCK LEFT, RIGHT, ½ TURN LEFT, SHUFFLE LEFT-RIGHT-LEFT, PIVOT ½ LEFT, SHUFFLE RIGHT-LEFT-RIGHT

- 17 Rock forward on left foot
- 18 Rock back on right foot
- 19&20 Turn ½ turn left, shuffle forward left, right, left
- 21 Step forward on right foot
- 22 Pivot ½ turn left
- 23&24 Shuffle forward right, left, right

ROCK LEFT, RIGHT, ½ TURN LEFT, SHUFFLE LEFT-RIGHT-LEFT, PIVOT ½ LEFT, SHUFFLE RIGHT-LEFT-RIGHT

- 25 Rock forward on left foot
- 26 Rock back on right foot
- 27&28 Turn ½ turn left, shuffle forward left, right, left
- 29 Step forward on right foot
- 30 Pivot ½ turn left
- 31&32 Shuffle forward right, left, right

STEP LEFT, STEP RIGHT BEHIND LEFT, STEP LEFT, STEP RIGHT

- 33 Step slightly left on left foot
- 34 Step right foot behind left foot
- 35 Step left foot beside right foot
- 36 Step right foot to right side

FOUR SAILOR SHUFFLES

- 37 Step left foot behind right foot
- & Step right foot in place
- 38 Step left foot to left side
- 39 Step right foot behind left foot

& Step left foot in place
40 Step right foot to right side
41 Step left foot behind right foot
& Step right foot in place
42 Step left foot to left side
43 Step right foot behind left foot
& Step left foot in place
44 Step right foot to right side

STEP LEFT BEHIND RIGHT, STEP RIGHT, STEP LEFT, STEP RIGHT BEHIND LEFT

45 Step left foot behind right foot
46 Step right foot beside left foot
47 Step left foot to left side
48 Step right foot behind left foot

CROSS STEPS, SIDE SHUFFLE LEFT, RIGHT, LEFT, ½ TURN LEFT, STEP RIGHT, TOUCH LEFT

& Step in place on left foot
49 Step right foot across front to left side of left foot
50 Hold
& Step in place on left foot
51 Step right foot across front to left side of left foot
52 Hold
53&54 Shuffle to left side left, right, left
55 Turn ½ turn left, step in place on right foot
56 Touch left toe beside right foot

CROSS STEPS, SIDE SHUFFLE LEFT, RIGHT, LEFT, ½ TURN LEFT, STEP RIGHT, TOUCH LEFT

& Step in place on left foot
57 Step right foot across front to left side of left foot
58 Hold
& Step in place on left foot
59 Step right foot across front to left side of left foot
60 Hold
61&62 Shuffle to left side left, right, left
63 Turn ½ turn left, step in place on right foot
64 Touch left toe beside right foot

REPEAT
