

# Carolina

拍数: 32      墙数: 4      级数: Intermediate social cha  
编舞者: Steve Rutter (UK) & Glynn Holt (UK)  
音乐: Oh Carolina - Shaggy



---

## ROCK & CROSSES, FORWARD ROCK, TRIPLE $\frac{3}{4}$ TURN RIGHT

1&2      Rock right-to-right side, recover weight onto left, cross right over left  
3&4      Rock left-to-left side, recover weight onto right, cross left over right  
5-6      Rock forward on right, recover weight back onto left  
7&8      Make a  $\frac{3}{4}$  turn right stepping on right, left, right

## SIDE ROCK, SAILOR $\frac{1}{4}$ TURN LEFT, FORWARD ROCK, TRIPLE $\frac{1}{2}$ TURN RIGHT

9-10      Rock left-to-left side, recover weight onto right  
11&12      Cross left behind right, make a  $\frac{1}{4}$  turn left stepping right beside left (taking weight), step left slightly forward replacing weight onto left  
13-14      Rock forward on right, recover weight back onto left  
15&16      Make a  $\frac{1}{2}$  turn right stepping on right, left, right

## HIP SWAYS, CHASSE LEFT, HIP SWAYS, CHASSE RIGHT WITH $\frac{1}{4}$ TURN RIGHT

17-18      Step left-to-left side swaying hips left, sway hips right  
19&20      Step left-to-left side, close right beside left, step left to left side  
21-22      Step right-to-right side swaying hips right, sway hips left  
23&24      Step right to right side, close left beside right, make a  $\frac{1}{4}$  turn right stepping forward on right

## ROCK & CROSSES, FORWARD ROCK, TRIPLE $\frac{1}{2}$ TURN LEFT

25&26      Rock left-to-left side, recover weight onto right, cross left over right  
27&28      Rock right-to-right side, recover weight onto left, cross right over left  
29-30      Rock forward on left, recover weight back onto right  
31&32      Make a  $\frac{1}{2}$  turn left stepping on left, right, left

**REPEAT**

---