

# The Carnforth Swing

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Derek Robinson (UK)  
音乐: I Slipped and Fell In Love - Alan Jackson



## RIGHT HEEL BALL CROSS, SIDE ROCK, CROSS SHUFFLE LEFT, ½ TURN RIGHT

1&2      Touch right heel forward, step right slightly back, cross left over right  
3-4      Rock to right side on right, rock onto left in place  
5&6      Cross right over left, step left to left side, cross right over left  
7-8      Turn ½ right, stepping left, right

## LEFT HEEL BALL CROSS, SIDE ROCK, CROSS SHUFFLE RIGHT, ¼ TURN LEFT

9&10      Touch left heel forward, step left slightly back, cross right over left  
11-12      Rock to left side on left, rock onto right in place  
13&14      Cross left over right, step right to right side, cross left over right  
15-16      Turn ¼ turn left, stepping right, left

## ROCK FORWARD RIGHT, ROCK FORWARD LEFT, STEP FORWARD RIGHT LEFT, PIVOT TURN

17-18      Rock forward on right, rock back on left  
&      Step right beside left  
19-20      Rock forward on left, rock back on right  
&      Step left beside right  
21-22      Step forward right, step forward left  
23-24      Step forward right, pivot ½ turn left

## STOMP FORWARD RIGHT & LEFT WITH HOLDS, MODIFIED VAUDEVILLE STEPS LEFT & RIGHT

25-26      Stomp forward right, hold  
27-28      Stomp forward left, hold  
&29      Step diagonally back right on right, touch left heel diagonally forward left  
&30      Step left beside right, step right in place  
&31      Step diagonally back left on left, touch right heel diagonally forward right  
&32      Step right beside left, step left in place

### Alternative steps for counts &29-32 (after stomp forward left, hold)

29-30      Touch right heel forward, step right beside left  
31-32      Touch left heel forward, step left beside right

**REPEAT**

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