

Carmen

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Johnny S. (UK)
音乐: Carmen - Gene Watson



STEP-SWAY & TOUCH TWICE

- 1-4 Step left foot to left side and sway body left, right, left, touch right beside left
5-8 Step right foot to right side and sway body right, left, right, touch left beside right

ROCK-RECOVER-STEP, HOLD, ROCK-RECOVER, PIVOT ½ TURN LEFT, SWEEP

- 1-4 Rock-step forward on left foot, recover weight onto right, step left foot back, hold
5-6 Rock-step back on right foot, recover weight onto left
7 Step right foot forward - pivot ½ turn left (weight stays on right foot)
8 Sweep left foot back around to left as you move into the left ½ turn

LEFT COASTER, HOLD, SWEEP & FORWARD SHUFFLE, HOLD

- 1-4 Step left foot back, step right foot back beside left, step left foot forward, hold
5-8 Sweep right foot around and forward as you shuffle forward right, left, right, hold

¼ TURN WITH TOE TOUCHES TWICE, LEFT GRAPEVINE, BRUSH, BALL-STEP WITH ¼ TURN LEFT

- 1-2 Step left foot back into ¼ turn left, touch right toe to right side
Optional: at same time look in direction of right toe and touch rim of hat with right hand
3-4 Step right ¼ turn to right, touch left toe to left side
Optional: at same time look in direction of left toe and touch rim of hat with left hand
5-6 Step left foot to left side, step right foot behind left
7-8 Step left foot to left side, brush right foot forward
& Quickly step ball of right foot to floor (weight on) - while at same time pushing off into ¼ turn left

REPEAT

RESTART

At the end of the 6th sequence, you will be facing the back wall as the music break kicks in. Dance the first 16 counts of the dance (up to 'step right foot forward - pivot ½ turn left'), and restart the dance from the beginning facing the front wall

BIG FINISH

To end the dance facing front, just step right foot forward on count 15 and hold (don't make ½ pivot left....)