Candy Pops



编舞者: Jo Conroy (UK) 音乐: Lollipop - MIKA



RIGHT TOGETHER RIGHT HITCH, LEFT TOGETHER LEFT SCUFF, STRUTTING JAZZ BOX CROSS

1&2& Step forward on right to right diagonal, step left next to right, step forward on to right & hitch

left knee

Optional: as you step on to right push both hands down, bring both hands up on the up and then push back down again on the step forward on to right

3&4& Step forward on to left to left diagonal, step right next to left, step forward on to left, scuff right

Optional arms same as above

Cross strut right over left, step back on left & strut (with clicks)
Step right to right side strut, cross strut left over right (with clicks)

RIGHT SIDE STRUT CROSS STRUT, ROCK & CROSS, LEFT SIDE STRUT CROSS STRUT, LEFT ROCK & CROSS

1&2& Right side strut, left cross strut

3&4 Right side rock recover on to left & cross right over left

5&6& Left side strut, left cross strut

7&8 Left side rock recover on to right & cross left over right

Optional clicks with struts

FORWARD RIGHT MAMBO WALK BACK LEFT RIGHT, BACK MAMBO WALK FORWARD RIGHT LEFT

1&2 Rock forward on to right foot, recover on to left & step right next to left foot

3-4 Step back on to left, step back on to right

5&6 Rock back on to left, recover on to right, & step left next to right

7-8 Walk forward on right left

RIGHT SIDE MAMBO, LEFT SIDE MAMBO, 1/4 TURN LEFT HEEL SWITCHES

Rock side on right, recover on to left, step right next to left Rock side on left, recover on to right, step left next to right

5&6& Touch right heel forward bring weight on to right & touch left heel forward, step weight on to

left foot

7&8& Make a ¼ turn left touching right heel forward, bring weight on to right, touch left heel

forward, bring weight on to left

REPEAT