

Candy Girl

COPPER KNOB
STEPSHEETS

拍数: 72 墙数: 4 级数: Improver rumba
编舞者: Max Perry (USA)
音乐: Candy Girl - Frankie Valli & The Four Seasons



3 WALKS FORWARD, TOUCH, 3 STEPS BACK, TOUCH

1-2-3-4 Walk forward right, left, right, touch left toe to left side
5-6-7-8 Step back left, right, left, touch right toe to right side

MAMBO ROCKS BACK & FORWARD

1-2-3-4 Rock right back, step left in place (recover), step right forward, hold
5-6-7-8 Rock left forward, step right in place (recover), step left back, hold

MAMBO ROCK BACK, ¼ PIVOT TURN LEFT, WEAVE TRAVELING LEFT

1-2-3-4 Rock right back, step left in place, step right forward & turn ¼ left, step left in place
5-6-7-8 Cross right over left, step left to left side, cross right behind left, step left to left side

CROSS ROCK, STEP SIDE, CROSS UNWIND

1-2-3-4 Cross rock right over left, step left in place (recover), step right to side, hold
5-6-7-8 Cross left over right, unwind turning 1 full turn (weight ends up on right)

KICK, CROSS, SIDE, CROSS, KICK, CROSS, SIDE, FORWARD

1-2-3-4 Kick left diagonal. Forward, cross left behind right, step right to right side, cross left over right
5-6-7-8 Kick right diagonal. Forward, cross right behind left, step left to left side, step right forward

SLOW ½ PIVOT TURN RIGHT, SLOW ¼ PIVOT TURN RIGHT

1-2-3-4 Step left forward, hold, turn ½ right & step right in place, hold
5-6-7-8 Step left forward, hold, turn ¼ right & step right in place, hold

CROSS ROCK, SIDE, TOGETHER, SIDE, CROSS ROCK, SIDE

1-2-3-4 Cross rock left over right, step right in place, step left to left side, step right next to left
5-6-7-8 Step left to left side, cross right over left, step left in place, step right to right side

FORWARD, HOLD, TOGETHER, HOLD, FORWARD TOGETHER FORWARD, HOLD (WITH HIPS)

1-2-3-4 Step left forward small step, hold, bring right up to left, hold
5-6-7-8 Step left forward, step right up to left, step left forward, hold

I use a strong Cuban motion (hip movement) opposite to the moving foot

SLOW ½ PIVOT TURN LEFT, SLOW ¼ PIVOT TURN LEFT

1-2-3-4 Step right forward, hold, turn ½ left & step left in place, hold
5-6-7-8 Step right forward, hold, turn ¼ left & step left in place, hold

REPEAT