

Candi Cha

拍数: 32 墙数: 4 级数: Improver
编舞者: Gary Lafferty (UK)
音乐: Young Hearts Run Free - Candi Staton



RIGHT KICK-BALL-CHANGE, STEP FORWARD, TOUCH/CLAP; LEFT SHUFFLE BACK, ROCK STEP

1&2 Kick right foot forward, step on right foot beside left, step left foot slightly forward
3-4 Step forward on right foot, touch left foot beside right / clap hands
5&6 Step back on left foot, step on right foot beside left, step back on left foot
7-8 Rock back on right foot, recover weight onto left foot

SKATE RIGHT, SKATE LEFT, RIGHT DIAGONAL SHUFFLE; CROSS-ROCK, RECOVER, LEFT SIDE-SHUFFLE

1-2 Skate right foot forward, skate left foot forward
3&4 Step diagonally-forward right on right, step on left beside right, step diagonally-forward right on right
5-6 Cross-rock left foot over right, recover weight back onto right foot
7&8 Step to left on left foot, step on right foot beside left, step to left on left foot

CROSS-ROCK, RECOVER, ¼ TURN SHUFFLE FORWARD; ROCK FORWARD, RECOVER, LEFT COASTER

1-2 Cross-rock right foot over left, recover weight back onto left foot
3&4 Turn ¼ right stepping forward onto right, step on left foot beside right, step forward on right foot
5-6 Rock forward on left foot, recover weight back onto right foot
7&8 Step back on left foot, step on right foot beside left, step forward on left foot

STEP RIGHT, TOUCH/CLICK, STEP LEFT, TOUCH CLICK; WALK AROUND (YOUR HANDBAG)

1-2 Step right foot to right side, touch left diagonally-forward left (click fingers if you want)
3-4 Step down onto left foot, touch right foot diagonally-forward right (again clicking if you want)
5-8 Walk around over your right shoulder making a full turn (around your handbag!) On right-left-left-right

REPEAT
