

# Candela

拍数: 48      墙数: 2      级数: Intermediate  
编舞者: Kate Sala (UK)  
音乐: Que Te Den Candela - Banda Caliente



## INTRO

### LEFT SIDE MAMBO, RIGHT SIDE MAMBO, FULL TURN LEFT WITH STEP BALL TURN X 3, STEP FORWARD

1&2      Rock left out to left side, rock on right in place, step left next to right  
3&4      Rock right out to right side, rock on left in place, step right next to left  
5&6&7&      Turn ¼ left stepping forward on left, step ball of right behind left, repeat two more times  
8      Turn ¼ left stepping forward on left

### MAMBO STEP, BACK LOCK STEP, BACK ROCK, FORWARD ROCK, SIDE TOUCH, PIVOT ¼ TURN RIGHT

1&2      Rock forward on right, rock back on left, step right next to left  
3&4      Step back on left, lock step right in front of left, step back on left  
5&6&      Rock back on right, rock forward on left, rock forward on right, rock back on left  
7-8      Touch right toe out to right side, pivot ¼ turn right, (transferring weight to right)

### FORWARD SHUFFLE, ROCKING CHAIR, SIDE TOUCH, PIVOT ¼ TURN RIGHT, SHUFFLE

1&2      Step forward on left, step right next to left, step forward on left  
3&4&      Rock forward on right, rock back on left, rock back on right, rock forward on left  
5-6      Touch right toe out to right side, pivot ¼ turn right, (transferring weight to right)  
7&8      Step forward on left, step right next to left, step forward on left, (facing back wall)

### RIGHT SIDE MAMBO, LEFT SIDE MAMBO, FULL TURN AND ½ RIGHT WITH STEP BALL TURN X 3, STEP FORWARD

1&2      Rock right out to right side, rock on left in place, step right next to left  
3&4      Rock left out to left side, rock on right in place, step left next to right  
5&      Turn ¼ right stepping forward on right, step ball of left behind right  
6&7&      Turn ½ right stepping forward on right, step ball of left behind right, repeat 6 &  
8      Turn ¼ right stepping forward on right, (finish intro facing the front wall)

## THE MAIN DANCE

### FORWARD STEP, SIDE SWITCHES, LEFT WEAVE, LONG SIDE STEP, HOLD

1-2      Step forward on left, touch right toe out to right side  
&3&4      Step right next to left, touch left toe out to left side, step left next to right, touch right toe out to right side  
5&6      Cross step right behind left, step left to left side, cross step right in front of left  
7-8      Long side step left to left side, hold

### RIGHT BALL CHANGE, TURN ¼ RIGHT, FORWARD SHUFFLE, FORWARD STEP, FORWARD ROCK, SIDE ROCK, HEEL

&1-2      Step back on ball of right, step left in place, turn ¼ right stepping forward on right  
3&4      Step forward on left, step right next to left, step forward on left

### Or triple full turn right traveling forward

5      Step forward on right  
6&7&      Rock forward on left, recover on to right, side rock left to left side, recover on to right  
8      Dig left heel across right

### LEFT SIDE ROCK, CROSS STEP BEHIND, CHASSE, SWAY, CHASSE ¼ TURN LEFT

&1-2 Rock out on left to left side, recover on right, cross step left behind right  
3&4 Step right to right side, step left next to right, step right to right side  
5-6 Sway hips left, sway hips right  
7&8 Step left to left side, step right next to left, turn  $\frac{1}{4}$  left stepping forward on left

**PIVOT  $\frac{1}{2}$  TURN LEFT, TURN  $\frac{1}{4}$  LEFT WITH SIDE ROCK & CROSS, SIDE STEP, SAILOR STEP, BEHIND STEP, SIDE STEP**

1-2 Step forward on right, pivot  $\frac{1}{2}$  turn left  
3&4 Turn  $\frac{1}{4}$  left rocking right out to right side, rock on to left, cross step right over left  
5 Step left out to left side  
6&7 Cross step right behind left, step left to left side, step right in place  
&8 Cross step left behind right, step right to right side

**FORWARD SHUFFLE, ROCKING CHAIR, SIDE TOUCH, PIVOT  $\frac{1}{4}$  TURN RIGHT, SHUFFLE**

1&2 Step forward on left, step right next to left, step forward on left  
3&4& Rock forward on right, rock back on left, rock back on right, rock forward on left  
5-6 Touch right toe out to right side, pivot  $\frac{1}{4}$  turn right, (transferring weight to right)  
7&8 Step forward on left, step right next to left, step forward on left, (facing back wall)

**RIGHT SIDE MAMBO, LEFT SIDE MAMBO, FULL TURN RIGHT, WITH STEP BALL TURN X 3, STEP FORWARD**

1&2 Rock right out to right side, rock on left in place, step right next to left  
3&4 Rock left out to left side, rock on right in place, step left next to right  
5&6&7& Turn  $\frac{1}{4}$  right stepping forward on right, step ball of left behind right, repeat 2 more times  
8 Turn  $\frac{1}{4}$  right stepping forward on right, (facing the back wall)

**REPEAT**

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