

Can't You Dance

COPPERKNOB
STEPSHEETS

拍数: 0 墙数: 2 级数: Intermediate hip hop
编舞者: Jordan Lloyd (UK)
音乐: If You Can't Dance (Slide) - Will Smith



Sequence: A B B A B B B A B B A B

This dance was choreographed when the choreographer was 13 years old. Start the dance 16 counts from start of music on the word "slide"

SECTION A

KICK BALL HEEL, ¼ TURN LEFT STEPPING LEFT-RIGHT-LEFT, STEP TOUCH AND HEEL HOLD

1&2 Kick right foot forward, step right foot next to left, tap left heel forward
3&4 Make ¼ left, stepping left, right, left
5-6 Step forward right, touch left behind right
7&8 Step back on left, tap right heel forward and hold

STEP TOUCH, POINT & POINT, CROSS BACK DRAG, SIDE DRAG, COASTER STEP

&1 Step down on right, touch left next to right
2&3 Point left to left side, step left beside right, point right to right side
4-5& Cross right over left, step back on left, drag right beside left
6& Step right to right side, drag left beside right
7&8 Step back on left, step right next to left, step forward on left

POINT BEHIND SIDE, POINT BEHIND ¼ STEP, KICK CROSS BACK BACK, CROSS BACK STEP TOUCH

1&2 Point right to right side, step right behind left, step left to left side
&3&4 Point right to right side, step right behind left, step left ¼ left, step right next to left
5&6& Kick left foot forward, cross left over right, step back on right, step back on left
7&8& Cross right over left, step back on left, step right to right side, touch left next to right

POINT LEFT & RIGHT, CROSS BACK SLIDE, STEP RIGHT SLIDE, LEFT COASTER STEP

1&2 Point left to left side, step left next to right, point right to right side
3&4 Cross right over left, step back on left, slide right to left
5-6 Step right to right side, slide left to right foot
7&8 Step back on left, step right next to left, step forward onto left foot

SECTION B

WALK RIGHT LEFT, ROCK AND CROSS, ¼ RIGHT, SIDE TOUCH, POINT CROSS ¼ SIDE

1-2 Walk forward right, walk forward left
3&4 Rock right to right side, replace weight onto left, cross right over left
5&6 Step back on left, step back on right making ¼ turn right, touch left next to right
7&8& Point left to left side, cross left over right, step right to right side making ¼ turn left, step left to left side

POINT CROSS X 3, LEFT SIDE ROCK AND CROSS

1-2 Point right to right side, cross right over left (moving forward)
3-4 Point left to left side, cross left over right (moving forward)
5-6 Point right to right side, cross right over left (moving forward)
7&8 Rock left to left side, replace weight onto right, cross left over right

HEEL BEHIND SIDE, HEEL BEHIND ¼ TURN LEFT SIDE, HEELS TOES TWICE

1&2 Touch right heel to right side, step right behind left, step left to left side
&3&4 Touch right heel to right side, step right behind left, step left ¼ left, step right next to left

5-6 Split heels apart, (left to left - right to right), split toes apart, (left to left - right to right)
7-8 Bring toes back together, bring heels back together

HITCH LEFT LEG, COASTER ¼ TURN LEFT, WALK RIGHT - LEFT, STEP SWIVEL OUT IN, HITCH STEP

1-2&3 Hitch left knee, making ¼ turn left step back on left, step right next to left, step forward left
4-5 Walk forward right - left
6&7 Step right in front of left, swivel heels apart then back together
&8 Hitch left knee, step left next to right
