

# Can't Go Back

**COPPER** KNOB  
STEPPERS

拍数: 45      墙数: 2      级数: Intermediate  
编舞者: Rebecca Colby  
音乐: Life Goes On (Almighty Mix) - LeAnn Rimes



## SLIDE TO THE RIGHT, SLIDE TO THE LEFT

1&      Right foot step to side, slide left foot to right  
2-3      Right foot step to side, touch left beside right  
4&      Left foot step to side, slide right foot to left  
5-6      Left foot step to side, touch right foot beside left

## SYNCOPATED WEAVE RIGHT, ¼ TURN LEFT, ½ PIVOT LEFT, ½ TRIPLE TURN LEFT, ROCK RECOVER, STEP

1&      Right foot step to side, cross left behind right  
2-3      Right foot step to right, ¼ turn left on left foot  
4-5      Step forward right, pivot ½ turn left  
6&7      ½ triple turn to the left  
8&9      Rock back on left, recover on right  
10      Step left beside right

## RIGHT TOE SWITCHES AND HOLD, LEFT TOE SWITCHES AND HOLD

1      Point right toe to right side  
&2      Step right beside left, point left toe to left side  
&3      Step left beside right, point right toe to right side  
4      Hold  
5      Point left toe to left side  
&6      Step left beside right, point right toe to right side  
&7      Step right beside left, point left toe to right side  
8      Hold

## ¾ TURN LEFT, ROCK, BACK COASTER STEP ON RIGHT, ROCK, BACK COASTER ON LEFT WITH ¼ TURN LEFT

1-2      Pivot ¾ turn to the left on right foot, stepping down on left foot  
3-4      Rock forward right, rock back onto left  
5&6      Triple step back on right, back on left, right foot forward  
7-8      Rock forward left, rock back onto right  
9&10      Triple step back on left, back on right, step left foot ¼ turn to the left

## ½ PIVOT LEFT, ½ TRIPLE LEFT, ROCK & RECOVER

1-2      Step forward right, pivot ½ turn left  
3&4      ½ triple turn to the left  
5-6      Rock back on left, recover on right

## SHUFFLE, STEP, ¼ PIVOT LEFT, STEP, BACK COASTER STEP ON LEFT, STEP

1&2      Shuffle forward on left foot  
3      Step right foot forward  
4      Pivot ¼ turn to the left  
5      Step right foot beside left

## ROCK FORWARD ON LEFT AND BACK ON RIGHT) 2 BEATS

Inserted in the first, third, fifth and seventh times through the dance only (when facing the back wall).  
6&7      Triple step back on left, back on right, left foot forward

8

Step right beside left

**REPEAT**

**RESTART**

Leave off the last three counts on walls 2, 4, 6, etc

This can also be danced to a slower version of the song found on her "Twisted Angel" CD (96 bpm)

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