

Can't Get Enough

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Lauren Boyle (USA)
音乐: Can't Get Enough - Sonique



TOUCH RIGHT-LEFT, HIP RIGHT-LEFT, JAZZ BACK, JAZZ BACK

- 1& Touch the right toe to right side, step together with the right
- 2 Touch the left toe to left side
- 3-4 Push your hip right and then left, taking weight on the left
- 5&6 Cross the right foot over the left, step back on the left, step right with the right foot
- 7&8 Cross the left foot over the right, step back on the right, step left with the left foot

POINT, FLICK & TURN ½ LEFT, ROCK FORWARD, STEP BACK, LEFT HEEL (BACK-FORWARD, BACK), TURN ¼ LEFT

- 1 Point the right toe forward
- 2 Pivot ½ turn left and flick the right foot up. (like your trying to kick yourself in the backside)
- 3&4 Rock forward on the right foot, step back on the left foot, step back on the right foot
- 5-7 Touch the left toe, back-forward-back
- 8 Pivot ¼ turn to the left taking weight on the left foot

TOUCH (RIGHT & LEFT & RIGHT RIGHT), TOUCH (LEFT & RIGHT & LEFT LEFT)

This move travels forward

- 1& Touch the right toe forward, bring the right foot slightly back and step
- 2& Touch the left toe forward, bring the left foot slightly back and step
- 3-4 Touch the right toe forward and tap the right heel to the floor-twice
- 5& Touch the left toe forward, bring the left foot slightly back and step
- 6& Touch the right toe forward, bring the right foot slightly back and step
- 7-8 Touch the left toe forward and tap the left heel to the floor-twice

STEP RIGHT, ROLL LEFT KNEE & TURN ¼ LEFT, JIGGY-TURN-KICK, JIGGY-JIGGY-JIGGY

- 1 Step right with the right foot
- 2 Bring the left knee in toward the right
- 3 Turn your left knee out to the left making ¼ turn left and take weight on the left foot
- 4 Step together with the right foot
- 5& Keep your feet together, shake your hips as you pivot ¼ turn right
- 6& Kick the left foot forward, then step together with the left
- 7&8& Shake your hips as you bend slightly in the knees, then straighten up ending with weight on the left foot

REPEAT
