

# Can't Escape, Can't Forget

**COPPER** KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Elaine "Lainey" Neck (UK)  
音乐: Whole Again - Atomic Kitten



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## ROCK RIGHT FORWARD/LEFT BACK, RIGHT BACK LOCK STEP/ LEFT BACK LOCK STEP, ROCK BACK RIGHT, FORWARD LEFT

1-2            Rock forward on right, rock back on left  
3&4           Step back right, lock left in front of right, step back right  
5&6           Step back left, lock right in front of left, step back left  
7-8           Rock back on right, rock forward on left

## SIDE ROCK RIGHT/LEFT, CROSS STEP RIGHT, STEP LEFT, PIVOT ½ TURN RIGHT, RIGHT SIDE SHUFFLE, CROSS ROCK LEFT

1-2            Rock right-to-right side, rock left-to-left side  
3-4            Cross right over in front of left, step left to left side  
5&6           Pivot ½ turn over right shoulder stepping on to right, close left, step right  
7-8            Cross rock left over in front of right, rock back on to right

## STEP LEFT, CROSS RIGHT, ¼ TURN RIGHT STEPPING BACK LEFT, BACK RIGHT, HIP BUMPS, LEFT SHUFFLE

1-2            Step left-to-left side, cross right over left  
3-4            Step ¼ turn right stepping back on left, step back on right  
5&6           Bump hips left, right, left  
7&8           Step forward left, close right beside left, step forward left

## FULL TURN LEFT, RIGHT SHUFFLE, LEFT SHUFFLE, KICK BALL CHANGE

1-2            Full turn over left shoulder, stepping right left  
3&4           Step forward right, close left beside right, step forward right  
5&6           Step forward left, close right beside left, step forward left  
7&8           Kick right forward, step right beside left, step left in place

## REPEAT

## TAG

On last wall (wall 9) optionally do the first 8 counts and finish with a full triple turn over left shoulder stepping, right, left, right

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