

Can't Catch Me

COPPER KNOB
STYLEDANCE

拍数: 0 墙数: 4 级数: Improver
编舞者: Sheri Gay (CAN)
音乐: Road Runner - Microwave Dave & The Nukes



Sequence: AA B AA B AAA B A

SECTION A

TOE STRUTS LEFT & KICK-BALL-CHANGE, TOE STRUTS RIGHT & KICK-BALL-CHANGE

- 1-2 Left foot toe tap side, left foot step heel down
3-4 Right foot toe tap cross over left, right foot step heel down
5-6 Repeat step 1-2, still moving left
7&8 Right foot kick forward, right foot step ball of foot back, left foot replace weight turning body to the right
- 1-2 Right foot toe tap side, right foot step heel down
3-4 Left foot toe tap cross over right, left foot step heel down
5-6 Repeat steps 1-2 still moving right
7&8 Left foot kick forward, left foot step ball of foot back, right foot replace weight turning body to face front

SIDE TAP, MONTEREY, KICK-BALL-CHANGE, STOMP, CLAP

- 1-2 Left foot tap side, left foot step together
3-4 Right foot tap side, right foot step together while body turns ½ right
5&6 Left foot kick forward, left foot step ball of foot back, right foot replace weight
7-8 Left foot stomp forward, clap hands
- 1-2 Right foot side tap, right foot step together
3-4 Left foot side tap, left foot step together while body turns ½ left
5&6 Right foot kick forward, right foot step ball of foot back, left foot replace weight
7-8 Left foot stomp forward, clap hands

½ TURN RIGHT, ¾ TURN RIGHT, HIP ROLL X2

- 1-2 Left foot step forward, body turns ½ turn right replace weight to right foot
3-4 Left foot step forward, body turns ¾ turn right replace weight to right foot
5-8 Left foot step side hip roll to the right x2 finishing with weight on right foot

SIDE SHUFFLE LEFT THEN RIGHT WITH ROCK STEPS

- 1&2 Left foot side, right foot together, left foot side
3-4 Right foot back, left foot replace weight
5&6 Right foot side, left foot together, right foot side
7-8 Left foot back, right foot replace weight

SECTION B

(BEGINS WITH WORDS "HERE I COME")

SWIVEL (TWIST) LEFT

- 1-8 With weight on both feet while traveling left twist heels, toes, heels, toes, heels, toes, heels, toes