

Can You Keep With Me

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Carina Clarke (UK)
音乐: Can You Keep With Me - Waylander



SYNCOPATED KICKS, JUMP BACK, JUMP IN, WALK FORWARD

1& Kick right forward, step right beside left
2& Kick left forward, step left beside right
3 Kick right forward
&4 Jump back, right then left, feet ending shoulder width apart
&5 Jump feet in, right then left
6-8 Walk forward, stepping right, left, right(with attitude)

LEFT SAILOR STEP, RIGHT SAILOR STEP, COASTER STEP, STEP ½ PIVOT LEFT

9&10 Cross left behind right, step right to right side, step left to place
11&12 Cross right behind left, step left to left side, step right to place
Sailor steps move slightly back, allow body to swing with music
13&14 Step back left, step right beside left, step left forward
15-16 Step forward right, pivot ½ turn left

RIGHT & LEFT HIP BUMPS FORWARD, ROLLING FULL TURN RIGHT WITH TOUCH

17&18 Step forward right, bumping hips - right, left, right
19&20 Step forward left, bumping hips - left, right, left
21 Step right ¼ turn right
22 On ball of right make ½ turn right, stepping back left
23 On ball of left make ¼ turn right, stepping right to right side
24 Touch left beside right

GRAPEVINE LEFT WITH ¼ TURN RIGHT, SHIMMY FORWARD & BACK

25&26 Step left to left side, cross right behind left
27 Step left to left side
28 Make sharp ¼ turn right, touching right toe in place
29-30 Shimmy bending forward for two counts
21-32 Shimmy back straightening up for two counts(weight ends on left)

REPEAT
