Can You Feel Me Now?



拍数: 32 墙数: 4 级数: Intermediate

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音乐: The Way You Make Me Feel - Michael Jackson



LONG STEP, FIGURE 4, UP, TURN DOWN

1	Long step right foot to right front
2	Begin to bring left foot together
3	Kick left slowly across right

4 Turn left knee down to make figure 4 with legs

5 Step left foot to left making ¼ turn (9:00)

6 Bring right foot together with left turning 1/4 turn (6:00)

7 Lift both heels off the ground

8 Turn ¼ right (9:00) bring right heel down taking weight

& CROSS, HOLD 2, SYNCOPATED WEAVE, LIFT, STEP, UNWIND

&	Step left foot to left side
1	Step right across in front of left
2	Hold

& Step left foot to left side
3 Step right across behind left
& Step left foot to left side
4 Step right across in front of left
& Bring left foot up behind right knee

Step left foot straight down hooking behind right foot
 Unwind ¾ turn to the left (12:00 take weight on right foot)

& Step left in place

Point right foot to right side
Step right foot beside left
Point left foot to left side

KICK AND BACK, KICK AND STEP, STEP TURN, OUT OUT IN IN

&	Step left foot beside right
1	Kick right foot

& Step right beside left

2 Point left forward (lean back and angle body to front right)

& Step left beside right

3 Kick right foot & step right beside left4 Step forward on left (sticking chest out)

5 Step forward on right

6 Turn ½ right bringing left foot together with right foot (take weight on left now facing 6:00)

& Step right to right side (shoulder width)7 Step left to left side (shoulder width)

Return right foot to centerReturn left foot to center (clap)

KICK AND TOUCH, ROLL, & CROSS, SLOW UNWIND

1 Kick right foot

& Return right to center (taking weight)Point left foot to left side (shoulder width)

3-4 Body roll from knee up

& Return left foot to center (taking weight)

5 Step right across in front of left

6-7-8 Slow unwind 3/4 to left

9:00 which is your new wall

REPEAT