

Can You Feel It?

拍数: 32 墙数: 4 级数: Beginner
编舞者: Helén Rubensson
音乐: We Went As Far As We Felt Like Going - The Pussycat Dolls



RIGHT, TOUCH, LEFT, TOUCH, RIGHT GRAPEVINE, TOUCH

1-2 Step right to right side, touch left next to right
3-4 Step left to left side, touch right next to left
5-6 Step right to right side, step left behind right
7-8 Step right to right side, touch left next to right

LEFT, TOUCH, RIGHT, TOUCH, LEFT GRAPEVINE, TOUCH

1-2 Step left to left side, touch right next to left
3-4 Step right to right side, touch left next to right
5-6 Step left to left side, step right behind left
7-8 Step left to left side, touch right next to left

¼ TURN RIGHT, STEP FORWARD LEFT, RIGHT, KICK, STEP BACK LEFT, RIGHT, LEFT, TOUCH

1-2 Make a ¼ turn right stepping right to right side, step forward left
3-4 Step right forward, kick left foot forward
5-6 Step back left, step back right
7-8 Step back left, touch left next to right

BUMP RIGHT HIP FORWARD, HOLD, BUMP LEFT HIP BACK, HOLD, BUMP HIPS FORWARD, BACK, FORWARD BACK

1-2 Step right foot slightly forward and bump right hip forward, hold
3-4 Bump left hip back, hold
5-6 Bump right hip forward, bump left hip back
7-8 Bump right hip forward, bump left hip back

Weight ends on left foot

REPEAT
