Can We Fix It?



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音乐: Can We Fix It - Bob The Builder



KICK & POINT, SIT - STAND, KICK STEP, STEP, HIP SWINGS

1&2	Kick right to right side	 step right in place. 	point left foot forward

3-4 Bend right knee so you are in a sitting down position angling your body diagonally right, stand

up facing front

5&6 Kick left foot forward, step weight onto left, step right in place

7-8 Swing hips right, swing hips left (over exaggerate by swinging arms in the same direction)

ROCK &, HITCH ½ TURN (SQUAT), POINT AND STEP (TWICE)

9&10	Left rock behind right, step weight onto right, step left in place
11-12	Hitch left knee while turning ½ over right shoulder ending with weight on left

13-14 Point left across right, step left in place (shoulder width apart)

15-16 Point right across left, step right in place

POINT BEHIND (TWICE), JUMP FORWARD, ATTITUDE BUMPS

17-18	Point left behind right, step left in place
19-20	Point right behind left, unwind ¾ turn
&21	Jump forward on left, forward on right

&22 Jump forward on left, step right shoulder width apart

23-24 Bump hips right, bump hips left (hands on head for attitude)

SLAP, SLAP, LOOK, POINT (COLGATE SMILE), PADDLE TURNS (1/2)

25-26	Slap right buttock with right hand, slap left buttock with left hand
27-28	Angle body ½ over right shoulder, point index finger with thumb upwards and smile!
29-30	Push left toe out to side turning 1/8th (paddle turn), push left toe out to side turning 1/8th (paddle turn)

31-32 Repeat steps 20-30 ending with weight on left foot

REPEAT