

Calypso

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Shelli Blake (USA)
音乐: Dirty Calypso - Vanessa S.



MAMBO, COASTER, ¼ TURN LEFT., SHUFFLE

1&2 Rock forward right, return left, step right next to left
3&4 Step back left, step right next to left, step left forward
5-6 Step forward right, pivot ¼ turn left (weight ends left) (9:00)
7&8 Step forward right, close left beside right, step forward right

ROCK RETURN, ½ TURN LEFT, SHUFFLE, HEEL, TOE, BEHIND SIDE CROSS

1-2 Rock forward left, return right
3&4 ½ turn left, (over left shoulder), stepping left, right, left (3:00)
5-6 Touch right heel forward, point right toe to right side
7&8 Cross right behind left, step left to left side, cross right over left

PIVOT ¼ TURN RIGHT, MAMBO FORWARD LEFT, MAMBO BACK RIGHT, STEP PIVOT ¼ TURN RIGHT, CROSS LEFT OVER RIGHT, SIDE CROSS, ¼ TURN RIGHT, STEP LEFT

1&2 Pivot ¼ turn right, (on ball of right foot), rock forward left, return right, step back left (6:00)
3&4 Rock back right, return left, step forward right
5&6 Step forward left, pivot ¼ right, cross left over right (12:00)
&7&8 Step right foot to right side, cross left over right, step right foot into ¼ turn right, step forward left

MAMBO FORWARD/ BACK, SIDE TOUCH RIGHT & LEFT, UNWIND ½ TURN LEFT

1&2 Rock forward right, return left, step back left (12:00)
3&4 Rock back left, return, step forward
5&6 Touch right toe to right side, return, touch left toe to left side
7-8 Touch left toe behind right foot, unwind ½ turn left (weight ends right) (6:00)

SAILOR STEPS, WALK BACKS (12:00)

1&2 Cross left behind right, step right to right side, step left to left side
3&4 Cross right behind left, step left to left side, step right to right side
5-8 Walk back left-right-left-right

Styling note: sway hips & or raise & lower shoulders as you walk back

KICK & POINTS, PIVOT TURNS WITH HIP ROLLS

1&2 Kick left forward, step left beside right, point right to right side (traveling slightly forward)
3&4 Kick right forward, step right beside left, point left to left side (traveling slightly forward)
5-6 Step forward left, pivot ¼ turn right (styling note: rotate hips in circle as you pivot) (3:00)
7-8 Step forward left, pivot ¼ turn right (styling note: rotate hips in circle as you pivot) (6:00)

SAMBAS, STEP, PIVOT ½ TURN RIGHT, STEP, SHUFFLE RIGHT

1&2 Cross left over right, step back on right, step left next to right
Styling note: push backside out as feet come together
3&4 Cross right foot over left, step back on left, step right next to left
Styling note: push backside out as feet come together
5&6 Step forward left, pivot ½ turn right, step forward on left (6:00)
7&8 Step forward right foot, step left next to right, step forward on right (12:00)

LEFT ROCK, RETURN, 1 ¼ TURN, HIP SWAYS

- 1-2 Rock forward left, return (12:00)
3&4 Pivot $\frac{1}{2}$ left (over left shoulder), pivot $\frac{1}{2}$ turn left (over left shoulder), pivot $\frac{1}{4}$ turn left (over left shoulder)
5-8 Sway hips right-left-right-left (9:00)

REPEAT

TAG

- 1&2 Rock forward right, return left, step back right
3&4 Rock back left, return right, step forward left
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