

The Call To Dance

拍数: 32 墙数: 4 级数:
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音乐: The Call To Dance - Leahy



There is a long intro. Start the dance when the fiddles start

TRIPLE, HOP STEP TOUCH, TRIPLE, HOP STEP TOUCH, TRIPLE, HOP STEP TOUCH, TRIPLE, HOP STEP TOUCH

- 1 Flick toes of right foot forward, click heel of right foot on floor, flick toes of right foot again as you flick right foot behind left leg
& Hop on left leg
2 Replace weight on left foot touching toes of right foot behind left foot with right heel raised
& Step onto right foot in place
3 Flick toes of left foot forward, click heel of left foot on floor, flick toes of left foot on floor again as you flick left foot behind right leg
& Hop on right leg
4 Replace weight on right foot. Touching toes of left foot, behind right foot, with left heel raised
& Step onto left foot in place
5&6 Repeat counts 1&2
& Step onto right foot in place
7&8 Repeat counts 3&4

These steps are traditional Irish dance steps, they are similar to tap triples. As you dance the 1st section you should be traveling back slightly with each step

SCUFF HITCH STEP, HEEL SWIVELS, SYNCOPATED BALL STEPS MAKING 360 TURN LEFT

- 9&10 Scuff left foot forward, hitch left leg up, step left foot forward just in front of right
11&12 Swivel heels of both feet out, in, out. (weight on right at end)
13& Step left foot $\frac{1}{4}$ turn to left, step right foot behind left
14& Step left foot $\frac{1}{4}$ turn to left, step right foot behind left
15& Step left foot $\frac{1}{4}$ turn to left, step right foot behind left
16 Step left foot $\frac{1}{4}$ turn to left

Counts 13-16 should be done with the weight on the balls of both feet

SHUFFLE, SHUFFLE, STEP HEEL FLICK, STEP HEEL FLICK

- 17&18 Right forward shuffle
19&20 Left forward shuffle
21 Step forward onto right foot. At the same time, the right arm should be pointing to right, palm open facing floor. Left arm should be bent across chest with fingers touching right shoulder (as in Electric Reel)
&22 Flick right heel out to right, at same time, flick left heel out to left, return both heels to center weight on right
23 Step forward onto left foot, reverse arm position from count 21 so that arms point left
&24 Repeat count &22 weight should end on left foot

$\frac{1}{4}$ LEFT, CROSS & CROSS & CROSS & CROSS. SYNCOPATED WEAVE

- &25& On ball of left make $\frac{1}{4}$ turn left, cross right foot over left, step left foot to left side
26& Cross right foot over left, step left foot to left side
27& Cross right foot over left, step left foot to left side
28 Cross right foot over left
29 Cross left foot over right
30 Step right foot to right side

31 Step left foot behind right
&32 Step right foot to right side, cross left over right

REPEAT
