

Call The Police

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Glenn Ball (USA) & Elle-Jay (UK)
音乐: Call The Police - Hullabaloo



LEFT KICK, RIGHT KICK, HITCH, COASTER, HOLD

- 1-2 Kick left forward, step left next to right
- 3-4 Kick right forward, hitch right knee and contract upper body slightly
- 5-6 Step right back, step left next to right
- 7-8 Step right forward, hold

TOE STRUTS CROSS, BACK, ¼ TURN LEFT, CROSS, TOUCH, HOLD

- 9-10 Cross step ball of left over right, step left heel down. (swing both arms to left and click as you drop the heel)
- 11-12 Step back on ball of right, step right heel down.(swing both arms to right and click as you drop the heel)
- 13-14 Step left ¼ turn left, cross step right over left
- 15-16 Touch left toe to left side, hold

KICK LEFT FORWARD, SIDE, BEHIND, SIDE, CROSS, HOLD

- 17-18 Kick left forward, hold
- 19-20 Kick left to left side, hold
- 21-24 Step left behind right, step right to right side, step left over right, hold

PADDLE STEPS ¼ TURNING LEFT, RIGHT FORWARD, LEFT TOGETHER, SCOOT BACK

- 25-26 Touch right toe forward. Pivot 1/8 turn left, slapping right hip with right hand
- 27-28 Repeat 25-26
- 29-31 Step right forward, step left next to right, hold
- 32 Scoot back right & left together pushing palms of hands forward chest high

CHARLESTON. HOLDS

- 33-34 Step right forward, hold.
- 35-36 Touch left toe forward, hold
- 37-38 Step left back, hold
- 39-40 Touch right back, hold

RIGHT FORWARD, LEFT TOGETHER, RIGHT SHUFFLE, HOLD

- 41-42 Long step forward right (angling upper body so right shoulder is forward and slightly dropped), hold.
- 43-44 Lock left behind right (lifting right shoulder & dropping left), hold.
- 45-48 Step right forward, lock left behind right, step right forward (switching shoulders up and down on each step), hold

PIVOT ¼ RIGHT, HANDS ON KNEES, OPEN, CLOSE

- 49-50 Step left forward, hold
- 51-52 Pivot ¼ turn right, hold
- 53 Bend knees place right hand on right knee & left hand on left knee & push apart
- 54 Bring knees together exchange right hand to left knee and left hand to right knee
- 55-56 Push knees apart, bring knees together transferring hands again

SIDE STEPS TO RIGHT WITH HEEL TWISTS, STEP, TOUCH

- 57 Step ball of right to right twisting both heels to left

- 58 Step ball of left next to right twisting both heels right slapping left hip with left hand
59-62 Repeat 57-58 twice more
63 Step ball of right to right twisting both heels to left
64 Touch left next to right, returning right heel to center

REPEAT
