

# California Hip Hop

**COPPER** KNOB  
STEPSHEETS

拍数: 96      墙数: 4      级数: Advanced  
编舞者: David A. West (USA)  
音乐: Strike It Up - Black Box



## SHOULDER SNAKE LEFT, 2, SHOULDER SNAKE RIGHT, 4, HIP SWAY LEFT, RIGHT, LEFT, RIGHT

1-2 In place shift hips on to right while raising right shoulder (raising right side up slightly), start to bend knees as you swing hips down and onto left

**Left shoulder will go down and start to make its way up and to left side like a snake**

3-4 Start to bend knees as you swing hips down and right

**Right shoulder will go down and start to make its way up and to the right side like a snake**

5-8 Swing hips left, right, left, right (shoulder movements optional)

9-16 Repeat steps 1-8

## SAILOR SHUFFLES, ½ TURN RIGHT, HOLD & CLAP, REPEAT

1-2& Left step side left, right step behind left pushing weight slightly right, bring left foot up and step down rapidly

3-4& Right step side right, left step behind right pushing weight slightly left, bring right foot up and step down rapidly

5-8 Left step side left, right hook behind left (weight center), unwind ½ turn right, hold & clap

9-16 Repeat steps 1-8

## KICK, KICK, TRIPLE STEP, STEP FORWARD PIVOT, TURN TRIPLE STEP, REPEAT

1-2 Left kick forward, left kick side

3&4 Left hook step slightly behind right, right step back next to left, left step forward

5-6 Right step forward (shifting weight onto right), push off right into ½ pivot left (weight on left and centered)

7&8 Perform 1 full turn to the left stepping right, left, right (while traveling slightly forward)

9-16 Repeat steps 1-8

## KICK & KICK & SLIDE, HOLD, KICK & KICK & SLIDE, HOLD, REPEAT

1& Left kick forward while hopping on right, hop on left next to right while bringing right leg up and back

2& Right kick forward while hopping on left, hop on right next to left while bringing left leg up and back

3-4 Pushing off right foot, left step side left, dragging right toe

5& Right kick forward while hopping on left, hop on right next to left while bringing left leg up and back

6& Left kick forward while hopping on right, hop on left next to right while bringing right leg up and back

7-8 Pushing off left foot, right step side right, dragging left toe

9-16 Repeat steps 1-8

## WALK AROUND 2,3,4,5 TOGETHER, JUMP, JUMP

1-6 Walking in a wide circle to the left, step left, right, left, right, left, right step next to left

7-8 Jump both feet forward, jump both feet forward (arm thrusts optional)

## LEFT OUT, IN, OUT-IN-OUT, RIGHT IN, OUT, IN-OUT-IN

1 (weight on left heel and right ball), move left toe left and right heel left, change weight to left ball and right heel

2 (weight on right heel and left ball) move left heel left and right toe left, change weight to right ball and left heel

- 3&4 Repeat counts 1-2 at double speed, completing 3 steps to left  
5 (weight on left heel and right ball) move right heel right and left toe right, change weight to left ball and right heel  
6 (weight on right heel and left ball) move right toe right and left heel right, change weight to right ball and left heel  
7&8 Repeat counts 5-6 at double speed, completing 3 steps to the right

**& SLIDE LEFT 2, 3, STOMP UP, & SLIDE RIGHT 2, 3, STOMP UP**

- &1 Moving upward hopping on right and raising left knee (toe down), right step down while pushing weight left, left step side left shifting weight onto left  
2-3 Drag right toe to left side for 2 counts  
4 Stomp up right next to left (weight still on left)  
&5 Moving upward hopping on left and raising right knee (toe down), left step down while pushing weight right, right step side right shifting weight onto right  
2-3 Drag left toe to right side for 2 counts  
4 Stomp up left next to right (weight still on right)

**¼ TURN STEP LEFT, STEP PIVOT, STEP PIVOT, STEP PIVOT, STEP TOGETHER**

- 1-8 ¼ left turn and step left, step forward right, push off right into ½ pivot left onto left foot (perform step pivot turn 3 times), right step side left (slightly apart)

**REPEAT**

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