

Cheating Heart

拍数: 32 墙数: 2 级数: Beginner
编舞者: Tracy Dean (UK) & The Wandering Stars
音乐: Unknown



ROCK BACK & ROCK FORWARD, LEFT SHUFFLE

1-2 Rock back onto left foot, rock forward onto right foot
3&4 Left shuffle traveling forward

ROCK FORWARD & BACK, ½ TURN TRIPLE STEP

5-6 Rock forward onto right foot, rock back onto left foot
7&8 ½ turn over right shoulder, triple step, right, left, right

STEP, ½ PIVOT, ½ TURN SHUFFLE

9-10 Step forward left, pivot ½ turn to right
11&12 ½ turn over right shoulder, triple step, left, right, left

ROCK BACK & FORWARD, RIGHT SHUFFLE

13-14 Rock back onto right foot, rock forward onto left foot
15&16 Right shuffle traveling forward

SIDE ROCK ¼ LEFT, LEFT SHUFFLE

17-18 Step left to left side, rock weight onto left foot, as you rock weight onto right, pivot ¼ to left
19&20 Left shuffle traveling back

STEP ½ TURN, RIGHT SHUFFLE

21-22 Step back onto right foot, ½ turn left (with weight still on right) step forward onto left foot
23&24 Right shuffle traveling forward

SIDE ROCK, BEHIND & CROSS

25-26 Step left to left side rocking weight onto left, rock back onto right
27&28 Step left behind right, right to right side left across right

Optional spin, full turn to right, crossing left over right to turn

SIDE, BEHIND, CHASSE RIGHT

29-30 Step right to right side, step left behind right
31&32 Side shuffle to right side
& Pivot on the right foot ¼ turn to the left

REPEAT
