

Chasing My Tail

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Terry Hogan (AUS)
音乐: Going Nowhere - Wynonna



CROSS ROCK, REPLACE, SIDE, CROSS, ½ LEFT, CROSS, HOLD, SIDE SHUFFLE, TOUCH

1-2 Cross-rock left across in front of right, replace weight onto right foot
&3 Step left to the side, step right across in front of left
4 Unwind making ½ turn left taking weight onto left foot
5-6 Step right across in front of left, hold
7&8 Side shuffle to the left side left, right, left
& Touch/brush right toe beside left foot

CROSS ROCK, REPLACE, SIDE, CROSS, ¼ RIGHT, TRIPLE STEP FULL TURN, ½ LEFT

9-10 Cross-rock right across in front of left, replace weight onto left foot
&11 Step right to the side, rock-step left across in front of right
12 Make ¼ turn right and rock-replace weight backward onto right foot
13&14 Triple step forward left, right, left making a full turn left
15-16 Step forward right, make ½ pivot turn left stepping forward on left

FORWARD SHUFFLE, FORWARD, ½ RIGHT, FORWARD, TOGETHER, FORWARD, CROSS, ¾ RIGHT, OUT, OUT

17&18 Shuffle forward right, left, right
19& Step forward left, make ½ pivot turn right stepping forward onto right foot
20& Step forward left, step right foot beside left
21-22 Step forward left, step right forward to cross behind left

Don't lock feet tightly or the following turn will be impossible to do

23 Unwind making ¾ turn right taking weight onto right foot - facing back wall
&24 Step left to the side, step right to the right side - feet apart

BACK, CROSS, FULL TURN LEFT, SHUFFLE, ROCK FORWARD, BACK, ¼ RIGHT, FORWARD, ½ RIGHT BACK, TOGETHER

&25 Step left foot slightly backward, step right across in front of left
26 Make a full turn left on ball of right foot
27&28 Shuffle to the side left, right, left
29&30 Rock-step right forward, rock backward onto left, make ¼ turn right and step right foot forward - facing 3:00
31& Step forward left, make ½ pivot turn right and step right slightly backward
32& Step left slightly backward, step right beside left

REPEAT

RESTARTS

There are 3 restarts for the dance, all require only a small adjustment to the basic steps, and i believe after hearing the music a couple of times they are easy to hear. After the first wall, do only the first 16 counts and add an "&" count to step right foot beside left then restart facing the back wall. Do one more wall then, starting facing 9:00 only the first 8& counts changing the touch to a step taking weight onto the right foot to restart facing the 3:00 wall. After 3 more walls repeat the first restart (16,& counts), you will start facing front and restart facing 3:00 wall

Sequence: 32, 16&, 32, 8&, 32,32,32,16&,32,32 etc