

Chasing Mr. Mom

COPPER KNOB
STEPSHEETS

拍数: 74 墙数: 4 级数: Advanced quickstep
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音乐: Mr. Mom - Lonestar



- 1-4 Rock right to the right, rock back left on left, cross right over left, hold
5-8 Rock left to the left, rock back right on right, cross left over right, hold
- 9-12 On the balls of your toes twist body left while stepping on right toe, on the balls of your toes twist body right while stepping on left toe, on the balls of your toes twist body left while stepping on right toe, hold
- 13-16 On the balls of your toes twist body right while stepping on left toe, on the balls of your toes twist body left while stepping on right toe, on the balls of your toes twist body right while stepping on left toe, hold
- 17-20 Right vine (right-left-right), touch left at instep
21-24 Rock forward left, recover right, rock back left, recover right
25-28 Step forward left, pivot $\frac{1}{2}$ to the right, repeat step pivot $\frac{1}{2}$.
- 29-32 Left vine (left-right-left), touch right at instep
33-36 Rock forward right, recover left, rock back right, recover left
37-40 Step forward right, pivot $\frac{1}{2}$ to the left, repeat step pivot $\frac{1}{2}$.
- 41-44 (Crossing right over left) touch right heel down, then right toe, (left to the left) drop left toe down, then left heel
45-46 (Twisting right foot left to right with right heel down) drop right heel down and swivel right foot to the right while stepping the left foot to the left.
47-48 (Twisting right foot left to right with right heel down) drop right heel down and swivel right foot to the right while stepping the left foot to the left.
- 49-56 Repeat 41-48
- 57-64 (Weaving to the right) step right to right, step left behind right, step right to right, step left in front of right, step right to the right, step left behind right, step right to right while turning to the right, touch left at the instep. (a 7 count weave to the right with a $\frac{1}{4}$ turn right and a left touch at the instep)
- 65-68 Step back left, step back right, step back left, chug right while scooting back
- 69-70 Coaster step on right (step back right, bring left back to right, step forward right)
- 71-74 Rock left to the left, rock back right on right, cross left in front of right, hold

REPEAT