Charlie Horse



拍数: 24 墙数: 1 级数: Beginner

编舞者: Charlie Milne (CAN)

音乐: Bobbie Ann Mason - Rick Trevino



KICK TWICE, BACK UP

1-2 Kick right foot forward twice
3 Step back on right foot
4 Step back on left foot

STEP, KICK TWICE, HOP

5 Step forward on right foot 6-7 Kick left foot forward twice 8 Hop back with both feet

SHAKE TWICE, STEP, HOLD

9-10 Shake right leg to the right side twice

11 Step right foot into the home position (weight now on right)

12 Hold for one count

SHAKE TWICE, STEP HOLD

13-14 Shake left leg to the left side twice

15 Step left foot into the home position (weight now on left)

16 Hold for one count

WOBBLE 2, 3, 4

Allow whole body to wobble during these 4 counts

Bend right knee out and place weight on ball of right foot
Bend left knee out and place weight on ball of left foot
Bend right knee out and place weight on ball of right foot
Bend left knee out and place weight on ball of left foot

STEP, STEP, & HOP, HOLD

Step right foot into home positionStep left foot into home position

Lift right foot up & quickly hop up on left foot

24 Hold for one count

REPEAT