

Charleston Charleston

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Eve Griffin (USA)
音乐: Bring It On Down To My House - Ray Benson



CHARLESTON STEP

- 1-2 Tap right toe forward, step back on ball of right foot.
- 3-4 Tap left toe back, step forward on ball of left foot.
- 5-8 Repeat 1-4 above
- 1-4 Repeat 1-4 above
- 5-8 Repeat 1-4 above

STEP HITCH, REVERSE VINE

- 1 Step slightly forward and 45 degrees to right with right foot.
- & Hitch right leg, scooting left foot. As you do this
- 2& Repeat 1 & above
- 3&4 Step right foot behind left foot., Step left foot to side, step right foot across in front of right foot.
- 5 Step slightly forward and 45 degrees to left with left foot.
- & Hitch left leg, scooting right foot. As you do this
- 6& Repeat 5 &
- 7& Step left foot. Behind right foot., Step right foot. Out to side
- 8 Turning ¼ to right step left foot. Beside right foot.

CROSS HITCH, CHUGS

- 1& Bring right leg in a hitch across front of left knee, point right toe to side
- 2& Repeat 1&
- 3&4& With both feet together, chug forward and back 45 degrees to left 2 x's
- 5& Bring left leg in a hitch across front of right knee, point left toe to side
- 6& Repeat
- 7&8& With both feet together, chug forward and back 45 degrees to right 2 x's

CHARLESTON STEP WITH A KICK

- 1-2 Step forward on right foot., Kick left foot. Forward
- 3-4 Step back on left foot., Touch right toe in back, leaning forward into it
- 5-8 Repeat

STEP, SCOOT, KICK, STEP, TWISTS

- 1& Step right foot. Home, kick left foot. Forward as you scoot back on right foot.
- 2& Step left foot. Home, kick right foot. Forward as you scoot back on left foot.
- 3&4& Repeat
- 5 Step forward on right foot.
- &6 Bring left leg into a hitch across right knee as you twist to right, twist to left
- & Step forward on left foot., Twisting right
- 7& Bring right leg into a hitch across left knee as you twist to left, twist right
- 8& Step right foot. Center, step left foot. Center

APPLEJACK

- 1&2&3&4& Applejack to right
- 5&6&7&8& Applejack to left
- 1&2& Applejack to right

3&4& Applejack to left
5&6&7&8 Applejack to right

REPEAT

Variation: On first 1-8 & counts, shimmy body and shoulders to right for 4 counts and then to left for 4 counts)
