

Changes Too

拍数: 44 墙数: 0 级数:
编舞者: Doris Nippard
音乐: For a Change - Neal McCoy



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- 1-8 Move heels left, clap, move heels right, clap, move heels left clap, move heels right(weight should be on left)clap
- 9-12 Right vine moving forward on 45 degree angle with left touch
13-16 Left vine moving forward on 45 degree angle with right touch
- 17-20 Right kick ball change, step right $\frac{1}{4}$ turn right, step left together
21-24 Right kick ball change, step right $\frac{1}{4}$ turn right, step left together
- 25-32 Struts-touch right heel forward, step on right, touch left heel forward step on left, touch right heel fwd step on right touch left heel forward step on left
- 33-36 Right kick ball change, step right $\frac{1}{4}$ turn right step left together
37-38 Step right forward and as you do $\frac{1}{4}$ turn left swivel hips to left with the $\frac{1}{4}$ turn
39-44 Repeat steps 37-38 three more times

REPEAT
