

Changes (P)

拍数: 48 墙数: 0 级数: Partner
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音乐: Things I Cannot Change - The Mavericks



Position: Closed Position

WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE

1-2 **MAN:** Step forward left, right
 LADY: Step back right, left
3&4 **MAN:** Left shuffle forward
 LADY: Right shuffle back
5-6 **MAN:** Step forward right, left
 LADY: Step back left, right
7&8 **MAN:** Right shuffle forward
 LADY: Left shuffle back

ROCK STEP, LADIES ½ TURN, ROCK STEP, WALK, WALK

1-2 **MAN:** Rock forward left, recover right
 LADY: Rock back right, recover left
3&4 **MAN:** Left shuffle backward turning lady ½ turn to end in wrap position
 LADY: Right shuffle turning ½ turn left to end in wrap position

Both partners are facing LOD

5-6 **MAN:** Rock back right, recover left
 LADY: Rock back left, recover right
7-8 **MAN:** Walk forward right, left
 LADY: Walk forward left, right

SHUFFLE, SHUFFLE, STEP PIVOT, SHUFFLE

1&2 **MAN:** Right shuffle diagonally behind lady
 LADY: Left shuffle diagonally across in front of man

Lady is now on man's left holding inside hands

3&4 **MAN:** Left shuffle forward
 LADY: Right shuffle forward
5-6 **MAN:** Step forward right, pivot ½ turn left
 LADY: Step forward left, pivot ½ turn right

Both partners are facing RLOD. Pick up inside hands (man's right and lady's left)

7&8 **MAN:** Right shuffle forward
 LADY: Left shuffle forward

WEAVE, ROCK, RECOVER WITH ¼ TURN, STOMP, STOMP

1-2 **MAN:** Step forward left turning ¼ turn to face lady and ILOD. Step right behind left
 LADY: Step forward right turning ¼ turn to face man and OLOD. Step left behind right

On count 1 man picks up lady's right in his left

3-4 **MAN:** Step left to side. Step right across
 LADY: Step right to side. Step left across
5-6 **MAN:** Rock left to left side. Recover right while turning ¼ right
 LADY: Rock right to right side. Recover left while turning ¼ turn left

Both partners are now facing LOD. Man drops his right and lady's left

7-8 **MAN:** Stomp forward left. Stomp right next to left
 LADY: Stomp forward right. Stomp left next to right

HIP BUMPS, STEP TOUCH & CLAP, STEP TOUCH

- 1-2 **MAN:** Bump hips to left twice
 LADY: Bump hips to right twice
- 3-4 **MAN:** Bump hips to right twice
 LADY: Bump hips to left twice
- 5-6 **MAN:** Step $\frac{1}{4}$ turn left to face lady and touch right and clap
 LADY: Step $\frac{1}{4}$ turn right to face man and touch left and clap
- 7-8 **MAN:** Step $\frac{1}{4}$ turn right to face LOD and touch left
 LADY: Step $\frac{1}{4}$ turn left to face LOD and touch right

ROLLING VINE, STEP, SHUFFLE, SHUFFLE

- 1-3 **MAN:** Rolling vine left behind lady
 LADY: Rolling vine right in front of man
- 4 **MAN:** Step right
 LADY: Step left

Man picks up lady's right hand in his left hand

- 5&6 **MAN:** Left shuffle forward
 LADY: Right shuffle forward turning $\frac{1}{2}$ to right to end in closed position
- 7&8 **MAN:** Right shuffle forward
 LADY: Left shuffle back

REPEAT
