

# Chance-Of-A-Lifetime

**COPPER KNOB**  
STEPPERS

拍数: 64                      墙数: 4                      级数:  
编舞者: Walt Woolbright (USA) & Linda Woolbright (USA)  
音乐: Roll The Dice - Keith Stegall



## TOE TOUCHES & HEEL TAPS

- 1                      Touch right toe forward
- 2                      Tap right heel down
- 3                      Tap right heel down
- 4                      Tap right heel down
- 5                      Touch left toe forward
- 6                      Tap left heel down
- 7                      Tap left heel down
- 8                      Tap left heel down

## TOE & HEEL TAPS--WALKS & KICK

- 1                      Touch right toe forward
- 2                      Tap right heel down with weight
- 3                      Touch left toe forward
- 4                      Tap left heel down with weight
- 5                      Walk forward on right foot
- 6                      Walk forward on left foot
- 7                      Walk forward on right foot
- 8                      Kick forward with left foot

## STEP, CROSS, TOE, HEEL, CROSS, TOE, HEEL, CROSS

- 1                      Step back on left foot
- 2                      Cross right foot over & to the left of left foot & step
- 3                      Touch left toe to left side
- 4                      Touch left heel to left side
- 5                      Cross left foot over & to the right of right foot & step
- 6                      Touch right toe to right side
- 7                      Touch right heel to right side
- 8                      Cross right foot over & to the left of left foot & step

## STEP, BACK, SIDE, FORWARD, STOMP & SWIVELS

- 1                      Step back on left foot
- 2                      Step right foot beside of left foot
- 3                      Step forward on left foot
- 4                      Stomp or step right foot beside of left foot
- 5                      Swivel both heels to right (bending knees)
- 6                      Swivel both heels to left
- 7                      Swivel both heels to right
- 8                      Swivel both heels to center

## CHARLSTON KICK (TWICE)

- 1                      Step forward on right foot
- 2                      Kick left foot forward
- 3                      Step back on left foot
- 4                      Touch right toe to rear
- 5-8                      Repeat steps 1-4

### **SHUFFLE, MILITARY TURN--SHUFFLE, MILITARY TURN**

- 1&2 Shuffle forward right-left-right
- 3 Step forward on left foot
- 4 Pivot  $\frac{1}{2}$  turn to the right on ball of left foot & shift weight to right foot
- 5&6 Shuffle forward left-right-left
- 7 Step forward on right foot
- 8 Pivot  $\frac{1}{2}$  turn to the left on ball of right foot & shift weight to the left foot

### **STEP, HITCH--STEP, HITCH--HIP BUMPS**

- 1 Step forward on right foot
- 2 Hop in place on right foot while hitching left knee
- 3 Step forward on left foot
- 4 Hop in place on left foot while hitching left knee
- 5&6 Step slightly forward on right foot & bump hips to right place
- 7&8 Shift weight to left foot & bump hips to left twice

### **ROCK STEP, TURNING SHUFFLES, ROCK STEP**

- 1 Rock forward on right foot
- 2 Recover on left foot starting 1 and  $\frac{1}{4}$  turn to the right
- 3&4 Shuffle right-left-right to RLOD turning  $\frac{1}{2}$  turn to the right
- 5&6 Shuffle left-right-left to RLOD turning  $\frac{1}{2}$  turn to the right
- 7 Rock back on right foot with  $\frac{1}{4}$  turn to the right
- 8 Recover on left foot

### **REPEAT**

---