

Chains Of My Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数:
编舞者: Trevor Eaton (AUS)
音乐: Take These Chains from My Heart - Lee Roy Parnell



1-2 Step forward on right, lock left behind right
3&4 Shuffle forward right-left-right
5-6 Step left forward, step right together
7&8 Shuffle forward left-right-left

1-2 Rock forward on right, turn $\frac{1}{2}$ to the right stepping back left
3&4 Shuffle forward right-left-right
5-6 Rock left to left side, rock right in place
7&8 Cross shuffle left-right-left

1-2 Rock right to right side, left in place
3&4 Cross shuffle right-left-right
5-8 Vine left, touch right next to left

1-4 Step forward on right, pivot $\frac{1}{4}$ to the left, step forward on right, pivot $\frac{1}{2}$ to the left
5&6 Shuffle forward right-left-right
7&8 Shuffle forward left-right-left

REPEAT
