

Chain Gang

拍数: 32 墙数: 4 级数: Improver
编舞者: Gwenda Rooke (AUS)
音乐: Chain Gang - Danni Leigh



FORWARD, ROCK, COASTER STEP, HALF PIVOT, SHUFFLE FORWARD

1-2 Step/rock forward on left, rock back onto right
3&4 Step back on left, step right beside left, step forward on left
5-6 Step forward on right, pivot $\frac{1}{2}$ turn left transfer weight to left
7&8 Shuffle forward right-left-right

STOMP, HOLD, BEHIND SIDE CROSS, SIDE, ROCK, SHUFFLE ACROSS

1-2 Stomp left to side, hold
3&4 Step right behind left, step left to side, step right across in front of left
5-6 Step/rock left to side, rock onto right
7&8 Shuffle across in front left-right-left

QUARTER, HALF, SHUFFLE FORWARD, FORWARD, ROCK, COASTER STEP

1-2 Turning $\frac{1}{4}$ turn left step back on right, turning $\frac{1}{2}$ turn left step forward on left
3&4 Shuffle forward right-left-right
5-6 Step/rock forward on left, rock back onto right
7&8 Step back on left, step right beside left, step forward on left

HEEL & TOE, HEEL & TOE, QUARTER, QUARTER, HALF, BALL CHANGE

1&2 Touch right heel forward, step right beside left, touch left toes beside right
3&4 Touch left heel forward, step left beside right, touch right toes beside left
5-6-7 Turning full turn to the right side step right-left-right
&8 Ball change left-right

REPEAT

BREAK

At the end of the 3rd wall

FORWARD, ROCK, BACK, ROCK

1-2 Step/rock forward on left, rock back onto right
3-4 Step/rock back on left, rock forward onto right