

Chaboom

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Let's Get Loud - Jennifer Lopez



CHA-CHA SIDE BREAK LEFT, FORWARD RIGHT SHUFFLE, LEFT ½ TURN PIVOT, FORWARD LEFT SHUFFLE

- 1-2-3 Step left foot to left side, rock back on right foot, step slightly forward on left replacing weight onto left foot
- 4&5 Step forward on right foot, step left foot in 3rd position behind right foot (3rd position is putting heel to instep or ball to heel), step forward on right foot
- 6-7 Step forward on left foot, on the balls of both feet pivot ½ a turn over right shoulder (weight ending on right foot)
- 8&1 Step forward on left foot, step right foot in 3rd position behind left foot, step forward on left foot

PIVOT FULL TURN RONDE RIGHT, CROSS, SIDE, BEHIND, ROCK RECOVER, CROSS SIDE, CROSS

- 2-3 On count 2 pivot on balls of both feet make a full turn over right shoulder (right leg should be crossed in front of left leg with weight on left foot), on count 3 ronde right leg to right side
- 4&5 Cross right foot behind left foot, step left foot to left side, cross right foot in front of left leg
- 6-7 Rock left foot to left side, recover weight back onto right foot
- 8&1 Cross left foot in front of right foot, step right foot to right side, cross left foot in front of right foot

POINT RIGHT, ¼ TURN HITCH, FORWARD RIGHT SHUFFLE, FORWARD LEFT SHUFFLE, RIGHT PIVOT TURN

- 2-3 Point right toe to right side, cross right foot in front of left leg just below knee as you make a ¼ turn to right side
- 4&5 Step right foot forward, step left foot behind right in 3rd position, step right foot forward
- 6&7 Step left foot forward, step right foot behind left in 3rd position, step left foot forward
- 8-1 Step forward on right foot, on the balls of both feet pivot ½ a turn over left shoulder (weight ending on left foot)

RIGHT SHUFFLE FORWARD, PIVOT FULL TURN, RONDE LEFT, LEFT CROSS BEHIND, RIGHT SIDE, LEFT FORWARD, RIGHT FORWARD

- 2&3 Step forward right foot, step foot behind right in 3rd position, step right foot forward
- 4-5 On count 4 pivot on balls of both feet make a full turn over left shoulder (left leg should be crossed in front of right leg with weight on right foot), on count 5 ronde left leg to left side
- 6&7 Cross left foot behind right, step right foot slightly to right side, step left foot slightly forward
- 8 Step forward on right foot

REPEAT
