

Cha-Hot-Cha

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Say You'll Be Mine - Steps



STEPS FORWARD RIGHT-LEFT-RIGHT, ¼ LEFT SWIVEL RIGHT-LEFT-RIGHT, STEP LEFT, STEP RIGHT, ¼ RIGHT SWIVEL LEFT-RIGHT-LEFT

- 1 Step forward on right foot
- 2 Step forward on left foot
- 3 Step forward on right foot
- 4&5 Making a ½ turn left, swivel heels right left right
- &6 Step left step right
- 7 Step left
- 8&1 Making a ½ turn right, swivel heels left right left

HITCH STEP BACK RIGHT, HITCH STEP BACK LEFT, SHOULDER SHRUGS, REPEAT

- &2 Hitch right knee up, step back on right foot
- &3 Hitch left knee up, step back on left foot
- 4&5 Shrug shoulders back, shrug shoulders forward, shrug shoulders back
- &6 Hitch right knee up, step back on right foot
- &7 Hitch left knee up, step back on left foot
- 8&1 Shrug shoulders back, shrug shoulders forward, shrug shoulders back

STEP BACK LEFT, STEP FORWARD RIGHT, SHUFFLE RIGHT-LEFT-RIGHT, ROCK STEP, RECOVER, SHUFFLE LEFT-RIGHT-LEFT

- &2 Step back left, step forward right
- 3 Shift weight to left and turn ¼ left
- 4&5 Shuffle right-left-right
- 6 Cross rock left over right
- 7 Recover weight on right
- 8&1 Side shuffle left-right-left

KICK CROSS RIGHT, KICK CROSS LEFT, FULL TURN LEFT, MAMBO RIGHT

- 2&3 Kick right foot forward, cross right over left, point left toe to left side
- 4&5 Kick left foot forward, cross left over right, point right toe to right side
- 6 Swing right foot across left foot
- 7 Turn a full turn left
- 8& Rock right foot to right side recover weight on left (mambo right)

REPEAT
