

# Cha-Cha Slide

拍数: 0                      墙数: 1                      级数: Intermediate  
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音乐: Cha-Cha Slide Part II (Radio Edit) - Casper



Sequence: AA, BCDEF, A (B through F are variations of A)

If you have trouble finding the radio edit version of this song, you can use the first 3 minutes and 30 seconds from track 4 off the album, it is exactly the same. Dance starts right after he says, "we are going to do the basic steps"

## PART A

### GRAPEVINE LEFT, FUNKY WALK BACKWARDS (USE YOUR IMAGINATION!)

1-4                      Step left foot to left side, cross right behind left, step left to left side, touch right  
5-8                      Walk backwards right-left-right-left (funky walk)

### HOP FORWARD, 3 HEEL BOUNCES, STEP RIGHT, STOMP LEFT, HOLD (2 COUNTS)

1-4                      Hop forward on both feet, bounce heels 3 times  
5-8                      Step right foot forward at angle, stomp left foot forward at angle, hold 2 counts

### STEP ON LEFT, STOMP LEFT FOOT, HOLD, CHA-CHA STEPS

1-4                      Step left foot in place (no weight), stomp left foot, hold 2 counts  
5-6                      Rock forward on right, recover weight back onto left  
7&8                      Shuffle backwards right-left-right

### CHA-CHA STEPS, TURNING VINE RIGHT (full turn)

1-2                      Rock back onto left, recover weight onto right  
3&4                      Shuffle forward left-right-left  
5-8                      Step right foot  $\frac{1}{4}$  turn right, step left foot  $\frac{1}{4}$  left, step right  $\frac{1}{2}$  turn right, touch left beside right

## PART B

### GRAPEVINE LEFT, FUNKY WALK BACKWARDS (USE YOUR IMAGINATION!)

1-4                      Step left foot to left side, cross right behind left, step left to left side, touch right  
5-8                      Walk backwards right-left-right-left (funky walk)

### HOP FORWARD, HEEL BOUNCES

1-4                      Hop forward on both feet, bounce heels 3 times  
5-8                      Hop forward on both feet, bounce heels 3 times

### STOMP RIGHT FOOT 2X, SHIMMY FORWARD 2X, STOMP LEFT FOOT FORWARD, SHIMMY BACK 2X

1-4                      Stomp right foot forward two times at 45 angle, shimmy shoulders forward twice  
5-8                      Stomp left foot forward two times at 45 angle, shimmy shoulders back twice (weight on right)

### SLIDE TO THE LEFT, SLIDE TO THE RIGHT

1-4                      Step big step to left side with left foot, slide right foot slowly to left, touch right beside left  
5-8                      Step big step to right side with right foot, slide left foot slowly next to right, touch left beside right

### CROSS UNWIND, CROSS UNWIND

1-4                      Cross left foot over right, unwind  $\frac{1}{2}$  turn right, hold 2 counts  
5-8                      Cross left foot over right, unwind  $\frac{1}{2}$  turn right, hold 2 counts, (shift weight to left foot)

### CHA-CHA STEPS

1-2                      Rock forward on right foot, recover weight onto left foot

- 3&4 Shuffle back right-left-right
- 5-6 Rock back onto left foot, recover weight onto right foot
- 7&8 Shuffle forward left-right-left

### **TURNING VINE RIGHT (FULL TURN)**

- 1-4 Step right foot ¼ turn right, step left foot ¼ left, step right ½ turn right, touch left beside right

### **PART C**

#### **GRAPEVINE LEFT, FUNKY WALK BACKWARDS (USE YOUR IMAGINATION!)**

- 1-4 Step left foot to left side, cross right behind left, step left to left side, touch right
- 5-8 Walk backwards right-left-right-left (funky walk)

#### **HOPS FORWARD, HEEL BOUNCES**

- 1-4 Hop forward on both feet twice, bounce heels 2 times
- 5-8 Hop forward on both feet twice, bounce heels 2 times

#### **STOMP RIGHT FOOT 2X, SHIMMY FORWARD 2X, STOMP LEFT FOOT FORWARD, SHIMMY BACK 2X**

- 1-4 Stomp right foot forward two times at 45 angle, shimmy shoulders forward twice
- 5-8 Stomp left foot forward two times at 45 angle, shimmy shoulders back twice (weight on right)

#### **HANDS ON KNEES, PADDLE TURN RIGHT (½ TURN), THEN LEFT (½ TURN), (1/8 TURN EACH COUNT ON TURNS)**

- 1-4 Put hands on knees, paddle turn 1/8 turn right 4 times with left foot, end with weight on left
- 5-8 With hands on knees, paddle turn 1/8 turn left 4 times with right foot, end with weight on right

#### **CHICKEN WALKS, (OPTIONAL: PRISSY WALKS), STEP LEFT, PIVOT TURN RIGHT, STEP LEFT, RIGHT**

- 1-4 With knees bending out & then in, step forward on left, right, left, right
- 5-8 Step forward left, pivot ½ turn right stepping on right, step forward on left, then right

#### **STEP FORWARD LEFT, TOE TOUCHES TURNING LEFT, CHA-CHA STEPS**

- 1-2 Step left foot forward, turn ¼ turn left while touching right toe to right side, turn 1/8 turn left
- 3-4 Touching right toe to right side, turn 1/8 turn left and touch right toe beside left foot
- 5-6 Rock forward on right foot, recover weight onto left foot
- 7&8 Shuffle back right-left-right

#### **CHA-CHA STEPS, TURNING VINE RIGHT (FULL TURN)**

- 1-2 Rock back onto left foot, recover weight onto right foot
- 3&4 Shuffle forward left-right-left
- 5-8 Step right foot ¼ turn right, step left foot ¼ left, step right ½ turn right, touch left beside right

### **PART D**

#### **GRAPEVINE LEFT, FUNKY WALK BACKWARDS (USE YOUR IMAGINATION!)**

- 1-4 Step left foot to left side, cross right behind left, step left to left side, touch right
- 5-8 Walk backwards right-left-right-left (funky walk)

#### **HOP FORWARD 5X, 3 HEEL BOUNCES**

- 1-5 Hop forward on both feet, 5 times
- 6-8 Bounce heels 3 times

#### **STEP RIGHT, STOMP LEFT, HOLD (NO WEIGHT), STEP LEFT, STOMP LEFT, HOLD**

- 1-4 Step right foot forward at angle, stomp left foot forward at angle, hold 2 counts
- 5-8 Step left foot in place (no weight), stomp left foot, hold 2 counts

#### **STOMP RIGHT, HOLD (3 COUNTS), STOMP LEFT, HOLD (3 COUNTS)**

- 1-4 Stomp right foot forward at angle, hold 3 counts

5-8 Stomp left foot forward at angle, hold 3 counts

**STEP RIGHT, STOMP LEFT, HOLD (NO WEIGHT), STEP LEFT, STOMP LEFT, HOLD**

1-4 Step right foot forward at angle, stomp left foot forward at angle, hold 2 counts

5-8 Step left foot in place (no weight), stomp left foot, hold 2 counts

**FREEZE (4 COUNTS)**

1-4 Put hands in front of chest with palms facing and fingers spread, hold 4 counts

**CLAP HANDS 16 TIMES**

1-16 Clap hands 16 times

**TWIST DOWN**

1-16 While twisting and bending knees go as low as possible (option: bend backwards while putting right hand on floor as you continue to go down as far as possible)

**TWIST UP, PUT ARMS ABOVE HEAD AS FAR AS POSSIBLE, HOP FORWARD**

1-12 While twisting back up, slowly put arms above head as far as possible and wave

13-16 Hop forward on both feet, bounce heels 3 times

**STEP RIGHT FOOT FORWARD, SHIMMY, STEP LEFT FOOT FORWARD, SHIMMY**

1-4 Step right foot forward at 45 degree angle, shimmy forward 3 times

5-8 Step left foot forward at 45 degree angle, shimmy forward 3 times

**CHA-CHA STEPS**

1-2 Rock forward on right foot, recover weight onto left foot

3&4 Shuffle back right-left-right

5-6 Rock back onto left foot, recover weight onto right foot

7&8 Shuffle forward left-right-left

**TURNING VINE RIGHT (full turn)**

1-4 Step right foot  $\frac{1}{4}$  turn right, step left foot  $\frac{1}{4}$  left, step right  $\frac{1}{2}$  turn right, touch left beside right

**PART E**

**GRAPEVINE LEFT, FUNKY WALK BACKWARDS (USE YOUR IMAGINATION!)**

1-4 Step left foot to left side, cross right behind left, step left to left side, touch right

5-8 Walk backwards right-left-right-left (funky walk)

**HOP FORWARD, HEEL BOUNCES**

1-4 Hop forward on both feet, bounce heels 3 times

5-8 Hop forward on both feet, bounce heels 3 times

**TURNING HOPS, HOLDS**

1-4 Hop  $\frac{1}{2}$  turn in place turning right, hold 3 counts (option: pivot turns)

5-8 Hop  $\frac{1}{2}$  turn in place turning right, hold 3 counts (option: pivot turns)

**SLIDE TO THE LEFT, SLIDE TO THE RIGHT**

1-4 Step big step to left side with left foot, slide right foot slowly to left, touch right beside left

5-8 Step big step to right side with right foot, slide left slowly next to right, step left beside right

**TURNING HOPS, HOLDS**

1-4 Hop  $\frac{1}{2}$  turn in place turning right, hold, do this 2 times (option: your choice)

5-8 Hop  $\frac{1}{2}$  turn in place turning right, hold, do this 2 times (option: your choice)

**CHA-CHA STEPS**

- 1-2 Rock forward on right foot, recover weight onto left foot
- 3&4 Shuffle back right-left-right
- 5-6 Rock back onto left foot, recover weight onto right foot
- 7&8 Shuffle forward left-right-left

#### **CHA-CHA STEPS**

- 1-2 Rock forward on right foot, recover weight onto left foot
- 3&4 Shuffle back right-left-right
- 5-6 Rock back onto left foot, recover weight onto right foot
- 7&8 Shuffle forward left-right-left

#### **TURNING VINE RIGHT (FULL TURN)**

- 1-4 Step right foot  $\frac{1}{4}$  turn right, step left foot  $\frac{1}{4}$  left, step right  $\frac{1}{2}$  turn right, touch left beside right

#### **PART F**

##### **GRAPEVINE LEFT, FUNKY WALK BACKWARDS (USE YOUR IMAGINATION!)**

- 1-4 Step left foot to left side, cross right behind left, step left to left side, touch right
- 5-8 Walk backwards right-left-right-left (funky walk)

##### **HOPS FORWARD, HEEL BOUNCES**

- 1-4 Hop forward on both feet twice, bounce heels 2 times
- 5-8 Hop forward on both feet twice, bounce heels 2 times

##### **STEP RIGHT, STOMP LEFT, HOLD (NO WEIGHT), STEP LEFT, STOMP LEFT, HOLD**

- 1-4 Step right foot forward at angle, stomp left foot forward at angle, hold 2 counts
- 5-8 Step left foot in place (no weight), stomp left foot, hold 2 counts

##### **SWEEP RIGHT FOOT IN FRONT OF LEFT & HOOK OVER LEFT SHIN (CHARLIE BROWN), ROCKING CHAIR**

- 1-4 Sweep right foot slowly in front of left and hook over left shin
- 5-8 Rock forward on right, recover on left, rock forward on right, recover on left

##### **SLIDE TO THE RIGHT, SLIDE TO THE LEFT**

- 1-4 Step big step to right side with right foot, slide left foot slowly to right, touch left beside right
- 5-8 Step big step to left side with left foot, slide right slowly next to left, touch right beside left

##### **FUNKY WALK BACKWARDS (USE YOUR IMAGINATION!), CHA-CHA STEPS**

- 1-4 Walk backwards right-left-right-left (funky walk)
- 5-6 Rock forward on right foot, recover weight onto left foot
- 7&8 Shuffle back right-left-right

##### **CHA-CHA STEPS, TURNING VINE RIGHT (full turn)**

- 1-2 Rock back onto left foot, recover weight onto right foot
  - 3&4 Shuffle forward left-right-left
  - 5-8 Step right foot  $\frac{1}{4}$  turn right, step left foot  $\frac{1}{4}$  left, step right  $\frac{1}{2}$  turn right, touch left beside right
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