Cha-Cha My Love



拍数: 40 墙数: 4 级数: Improver cha cha

编舞者: Kip Lo (CAN)

音乐: Latin Eyes - Laura Fygi



RIGHT FOOT FORWARD, LEFT FOOT FORWARD, RECOVER ON RIGHT FOOT, COASTER CROSS, RIGHT FOOT SIDESTEP, TOGETHER LEFT FOOT AND CHASSE RIGHT-LEFT-RIGHT TO RIGHT SIDE

1-2-3 Step right foot forward, step left foot forward & recover weight back to right foot Step left foot back, step right foot beside left foot & cross step left foot over right foot 4&5

6-7 Step right foot to right side & close step left foot beside right foot

8&1 Step right foot to right side, close step left foot beside right foot & step right foot to right side

DOUBLE CUBAN ROCKS, 1/4 TURN BODY TO LEFT, LEFT FOOT STEP FORWARD; RIGHT FOOT KICK & BALL STEP RIGHT FOOT BACK, CHANGE WEIGHT TO LEFT FOOT AND A CHA-CHA LOCK FORWARD STEPS RIGHT LEFT RIGHT

2&3&4& Cross step left foot over right foot & forward diagonally towards right corner, recover weight

> back to right foot, step left foot to left side (part weight), recover weight back to right foot, cross step left foot over right foot & forward diagonally to right corner & recover weight back

to right foot

Make a ¼ turn body pivot to left as you take a small step forward with left foot 5

6&7 Kick right foot forward (low kick) & using the same foot back step-down on ball of right foot

and change weight back to left

8&1 Step right foot forward, step left foot behind right foot locking left knee back of right knee &

step right foot forward having release from the locked knees

LEFT FOOT FORWARD, RECOVER ON RIGHT FOOT, COASTER LEFT, RIGHT FOOT FORWARD: ½ TURN BODY TO LEFT, RIGHT FOOT TO RIGHT SIDE, RECOVER ON LEFT AND CROSS RIGHT OVER LEFT

2-3 Step left foot forward & recover weight back to right foot

Back step with left foot, close step right foot to left foot and step left foot forward 4&5 6-7 Step right foot forward, make ½ turn body pivot to left stepping forward on left foot

Step right foot to right side, recover weight back to left foot & cross step right foot over left 8&1

foot

LEFT TOE POINT TO LEFT SIDE, CROSS LEFT FOOT OVER RIGHT FOOT, KICK RIGHT FOOT FORWARD, BACK STEP RIGHT FOOT; TOUCH LEFT FOOT BESIDE RIGHT FOOT, BACK STEP LEFT FOOT, HOOK RIGHT CALF IN FRONT OF LEFT SHIN BONE WITH RIGHT FOOT DOING A TOE TOUCH (LIKE A SPIRAL HOOK) BESIDE LEFT FOOT END IT WITH A CHA-CHA LOCK FORWARD RIGHT LEFT **RIGHT**

2-3 Point left toe to left side & cross step left foot over right foot

4&5 Kick right foot forward & step back with right foot; touch left toe beside right foot

6-7 Step back with left foot, hook right calf in front of left shin bone touching right toe beside left

foot (just on the left side of left foot)

8&1 Step right foot forward, step left foot behind right foot locking left knee back of right knee &

step right foot forward releasing from the locked knees

1/4 TURN BODY TO RIGHT STEPPING LEFT FOOT TO LEFT SIDE, ROCK RECOVER WEIGHT TO RIGHT, LEFT SAILOR SHUFFLE, POINT RIGHT TOE TO FRONT & SIDE, RIGHT SAILOR SHUFFLE MAKING A 1/4 TURN BODY TO RIGHT AS YOU STEP RIGHT FOOT FORWARD

2-3 Make a ¼ turn body to right as you step left to left side and rock recover weight to right foot 4&5

Step left foot behind right foot, step right foot to right side & step left foot to left side (small

step)

6-7 Point right toe to front & slightly across left foot and also to right side

REPEAT