

Cha-Cha Maria (P)

COPPERKNOB
BY SHEPHERD

拍数: 24 墙数: 2 级数: partner dance
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音乐: My Maria - Brooks & Dunn



Position: Start facing each other

INTRO (DONE ONLY ONCE)

- 1 Join man's left hand to woman's right hand, at shoulder level. (palm to palm)
2 Man places right hand on woman's left hip, woman places her left hand on man's right shoulder. (you will be in modified "two step" starting position)
3&4 (Cha-cha wiggles)
 MAN: Bump right hip right, left, right (changing weight with each movement, end with weight on right)
 LADY: Make same movements except starts left, right, left, and wiggle down & up instead of hip bumps (end with weight on left)

THE MAIN DANCE

- 1-2-3&4 **MAN:** Rock forward on left, rock back on right, step in place left-right-left (cha-cha-cha)
 LADY: Rock back on right, rock forward on left, step in place right-left-right (cha-cha-cha)

Move your shoulders with the steps, i.e.: forward when step forward, back when step back

- 5-6-7&8 **MAN:** Rock back on right, rock forward on left, step in place right-left-right (cha-cha-cha)
 LADY: Rock forward on left, rock back on right, step in place left-right-left (cha-cha-cha)

TANGO TURN

- 9-10-11&12 **MAN:** Holding lady's right arm extended with your left arm, and looking into each others eyes. Step left, right, (moving in a right ½ turn to switch place with the lady) step in place left-right-left (cha-cha-cha)
 LADY: Step right, left, (moving in a left ½ turn to switch place with the man) step in place right-left-right (cha-cha-cha)

TANGO STRUTS

- 13-14-15&16 **MAN:** Holding lady's right arm straight out to left. Step to left with right foot, crossing left foot & making a ¼ turn left. (dipping down in tango fashion if possible) step left, step right-left-right (cha-cha-cha) moving forward slightly
 LADY: Step to right with left foot, crossing right foot & making a ¼ turn right. (dipping down in tango fashion if possible) step right, step left-right-left (cha-cha-cha) moving forward slightly
17-18-19&20 **MAN:** Swing left foot around right making a ½ pivot turn to right. (drop left hand to lady's waist as you turn, picking up lady's left hand and hold it straight out with your right hand.) (tango style) step right, step left-right-left. (cha-cha-cha) moving forward slightly
 LADY: Swing right foot around left making a ½ pivot turn to left. (place right hand on man's shoulder placing left hand into mans and holding straight out in front.) (tango style) step left, step right-left-right. (cha-cha-cha) moving forward slightly
21-22-23&24 **MAN:** Drop left hand from lady's waist, as you swing your right foot around in front of the left foot while making a ¼ pivot turn to left. Step down on left, (placing right hand on lady's hip) step in place right-left-right (cha-cha-cha) in place
 LADY: Swing your left foot around in front of the right foot while making a ¼ pivot turn to the right step down on right, wiggle down and up while stepping in place left-right-left (cha-cha-cha)

REPEAT
