

Cha Cha Por Mama

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Henry Damen (NL)
音乐: Stayin' In Love - The Bellamy Brothers



This dance is dedicated to all mums who support their children in any competition! Especially for My own Mum & My Scottisch Mum!

STEP, ¼ TURN LEFT, DRAG, CHA-CHA FORWARD, ROCK, RECOVER, 1 ½ TRIPLE TURN RIGHT

1 Step right side right and make ¼ turn left
2-3- Drag left foot up to right (weight stays on right foot)
4&5 Step forward left, step right next to left, step forward left
6-7 Rock forward right, recover on left
8&1 Make right shuffle with 1 ½ turn right

ROCK, RECOVER, CHASSE LEFT, STEP BACK, CROSS, ROCK & CROSS

2-3 Rock forward left, recover on right
4&5 Step left side left and ¼ turn left, step right together, step left side left
6-7 Step back right, cross left in front of right
8&1 Rock right side right, rock left in place, cross right in front of left

SYNCOPATED CROSS ROCKS WITH ¼ TURN RIGHT

2&3 Cross rock left in front of right, rock right in place, step left side left
4&5 Cross rock right in front of left, rock left in place, step right side right
6&7 Cross rock left in front of right, rock right in place, step left side left
8&1 Cross rock right in front of left, rock left in place, step right ¼ right

½ TURN RIGHT, ½ TURN RIGHT, ½ TURN RIGHT WITH HOOK, WALK WALK, ROCK &

2 Make ½ turn over right shoulder stepping back left
3 Make ½ turn over left shoulder stepping forward right
4-5 Make ½ turn over right shoulder stepping back left, hook right foot across left shin
6-7 Step forward right, step forward left
8& Rock right side right, recover on left

REPEAT
